

# First Aid Rule



## Training and Qualifications

The Pony Club identified the need for suitably trained First Aiders to be present at activities the recognised courses are:

Type of Course	Length of Course	Requalification Period
Emergency First Aid at Work (EFAW)*	The training and assessment should be at least six hours (not including breaks) over a minimum period of one day	3 years
BHS First Aid	Gained at two-day course / one-day refresher course	2 years
First Aid at Work (FAW)*	The training and assessment should be at least 18 hours (not including breaks) over a minimum period of three days	3 years

As a minimum requirement there must be a Trained First Aider at events.

**All First Aid Courses MUST have been completed through Face to Face Delivery to complete with the Pony Club requirements**

**Note:** Along with the mandatory First Aid Course content required by the First Aid at Work Regulations 1981, The Pony Club also recommend the training of all first aiders includes an element of paediatric basic life support and injury training.

All first aid training must be delivered by a credible/reputable organisation that is able to demonstrate that:

- their trainers meet the required standards
- the course meets the HSE content requirements
- it's delivered over the minimum teaching time
- a quality assurance process is in place.

Credible organisations should be able to demonstrate this compliance when asked.