

Notes for First Aid and Medical Cover for Rallies and Events*

Ensuring there is correct first aid cover is an important aspect of all Pony Club activities.

For all Pony Club organised events, a risk assessment must be carried out, and part of this will include deciding what first aid cover is appropriate for the event. Ultimately, the risk assessment will decide on the level of cover, but to support the decision, the First Aid matrix should be referred to.

First Aid Matrix: [Download Resource](#)

First Aider Qualifications:

As a minimum, there must be a trained first aider at all Pony Club organised events. To be a trained first aider, one of the following qualifications must have been completed:

Type of Course	Length of Course	Requalification Period
Emergency First Aid at Work (EFAW)*	Face-to-face training and assessment should be at least six hours (not including breaks) over a minimum period of one day.	3 years
BHS First Aid	Gained at two-day course / one-day refresher course, that is face-to-face.	2 years
First Aid at Work (FAW)*	Face-to-face training and assessment should be at least 18 hours (not including breaks) over a minimum period of three days.	3 years

All first aid training must be delivered by a credible/reputable organisation, and when asked, can demonstrate that:

- ✓ Their trainers meet the required standards.
- ✓ The course meets the HSE content requirements.
- ✓ It is delivered over the minimum teaching time.
- ✓ A quality assurance process is in place.

Coaches are required to have the Emergency First Aid at Work qualification (EFAW) as a minimum.

All qualifications, including First aid, for both Coaches and Volunteers should be entered on their records on PELHAM.

All first aiders must hold an up-to-date enhanced disclosure check (DBS, PVG or Access NI) with a check of the barred list.

Recruiting Third Party First Aid Cover for Larger Events:

If the risk assessment and First Aid Cover Matrix has determined a higher level of cover is required, use the Health and Safety Rulebook and supporting documents:

Letter for First Aid Providers: [**Letter for First Aid Providers - Appendix B.pdf**](#)

Ambulance and Personnel: [**Ambulance and Personnel Appendix C.pdf**](#)

Notes for First Aid Providers: [**Notes for First Aid Provider Appendix D.pdf**](#)

*** Please read these help notes in conjunction with the First Aid Rule and Rulebooks.**