

| APPENDIX A1 - FIRST AID COVER AT PONY CLUB COMPETITIONS | | Appointed Person | First Aider | Paramedic | Doctor | Ambulance or equivalent | Pool Lifeguard |
|---|---|-------------------|-------------|-----------|--------|-------------------------|----------------|
| <p>This matrix is included as a guide to event organisers when deciding what level of First Aid cover to provide at Pony Club events. It should not be seen as determining the level of cover that it is appropriate to provide and the decision as to what level is to be provided (which may be greater or less than the level shown) should be determined in accordance with the Risk Assessment for the event. However, at the very minimum every event must have an Appointed Person and a Trained First Aider present</p> <p>R= Recommended for the event C= Consider for the event Y = Must be present</p> | | | | | | | |
| All Rallies (including cross country) | | Y | Y | C | | C | |
| Fun / Sponsored Rides (including jumping) | | Y | Y | C | | C | |
| Mounted Games | Practices, Rallies & Training Days | Y | Y | | | | |
| | Branch Events & Area Competitions | Y | Y | C | | | |
| | Zones & National Finals | Y | Y | R | C | C | |
| Polo | Practices, Rallies & Training Days | Y | Y | | | | |
| | Competitions & Championships | Y | Y | R | C | C | |
| Polocrosse | Practices, Rallies & Training Days | Y | Y | | | | |
| | Tournaments | Y | Y | R | | | |
| | Championships | Y | Y | R | C | C | |
| Pony Racing | Rallies | Y | Y | | | | |
| | Pony Club Race Days | Y | Y | R | C | R | |
| Dressage | Practices & All Competitions (inc. Areas) | Y | Y | | | | |
| | Regional & National Championships | Y | Y | R | C | C | |
| Show Jumping | Practices, Rallies & Training Days | Y | Y | | | | |
| | Branch Event | Y | Y | | | | |
| | Open class equivalent to PC 100 (Intermediate) or greater | Y | Y | C | | | |
| | Area Competitions | Y | Y | R | | C | |
| | Regional Championships | Y | Y | R | | C | |
| | National Championships | Y | Y | R | C | C | |
| Cross Country (including hunter trials & arena eventing) Vehicle access to all parts of the course is essential during cross country phase. | Practices, Rallies & Training Days | Y | Y | | | | |
| | Event- PC 70 or PC 80 | Training/ Rallies | Y | Y | | | |
| | | Competition | Y | Y | R | | C |
| | **Event - PC 90 (Novice) | Training/ Rallies | Y | Y | | | |
| | | **Competition | Y | Y | R | **C | C |
| | **Event -PC 100 (Intermediate) or PC Open | Training/ Rallies | Y | Y | | | |
| | | **Competition | Y | Y | R | **C | C |
| **Area Competitions | Y | Y | R | **C | C | | |
| **Regional & National Championships | Y | Y | R | **C | C | | |
| Tetrathlon* | Run* | Y | Y | | | | |
| | Swim | Y | Y | | | | R |
| | Shoot | Y | Y | | | | |
| Endurance* | Less than 10 km | Y | Y | | | | |
| | More than 10 km – at each vet gate | Y | Y | | | | |
| CAMP* - Please see corresponding note below for more info. | | Y | Y | C | | C | |

** Evidence from accidents suggest that higher obstacles and longer, complex XC courses increase the likelihood of a serious or life changing accident for members. Speed of attendance by competent medical professionals at such an accident is also important. In assessing risk, organisers need to consider the number and speed at which medical professionals can attend to injured riders. In addition, paramedics may be less likely to "clear" a rider to ride again or ride another horse than a doctor. Having a doctor in addition to paramedics can help provide cover over a complex XC course, gives the organiser additional trained personnel and can help in fit to ride decisions