

## **RULEBOOK 2025**



DRESSAGE

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#### **OBJECTIVES**

The Pony Club Dressage objective is to stimulate interest and enjoyment in Dressage and the correct training of the horse, thereby encouraging Members to improve their riding by acquiring and establishing an independent seat and a true knowledge of the aids.

The object of Dressage is the harmonious development of the physique and ability of the horse, resulting in a calm, supple, loose and flexible, but also confident, attentive and keen horse, thus achieving perfect understanding with his rider. These qualities are revealed by:

- i. The freedom and regularity of the paces.
- ii. The harmony, lightness and ease of the movements.
- iii. The lightness of the forehand and the engagement of the hindquarters, originating in a lively impulsion.
- iv. The acceptance of the bridle, with submissiveness throughout and without any tenseness or resistance.

These Rules cannot provide for every eventuality, and where a situation is not addressed by Pony Club Dressage rules, the British Dressage Rule Book should be consulted. If neither provide appropriate guidance, it is the duty of officials to resolve the matter arising in a sporting spirit consistent with the intention of these Rules. It is the competitors' responsibility to ensure that they comply with Pony Club Dressage Rules.

The term "District Commissioner" includes "Centre Proprietor", "Branch" includes "Centre" and "horse" includes "pony".

#### **RULES**

The Pony Club Dressage Rules are based on British Dressage rules for Dressage Competitions, amended to meet Pony Club requirements by The Pony Club Dressage Committee in conjunction with other Pony Club Committees.

The Pony Club Office provides administrative support. Queries relating to these rules should be directed to the Dressage Chairman at <a href="mailto:dressagechairman@pcuk.org">dressagechairman@pcuk.org</a> and copied to the Office at <a href="mailto:dressage@pcuk.org">dressage@pcuk.org</a>.

NOTE: Rules which differ from those of 2024 appear in bold type and side-lined (as this note).

# THE PONY CLUB DRESSAGE COMMITTEE

#### Chairman

▶ Helen Griffiths

Telephone: 07850 801254

Email: dressagechairman@pcuk.org

#### Members

- Karen Burner
- Rachael Coulter
- Rory Howard
- ▶ Cathy Burrell
- ▶ Sue Coombe-Tennant
- ▶ Laura Leicester
- ▶ Linda Pearce
- ► Abby Bernard (Area Representative)
- ► Anne Ekin (Area Representative)

Sports Officer: <a href="mailto:dressage@pcuk.org">dressage@pcuk.org</a>

Health and Safety: safety@pcuk.org

#### The Pony Club

Lowlands Equestrian Centre, Old Warwick Road, Warwick, CV35 7AX pcuk.org

Telephone: 02476 698300

### PART I – ADMINISTRATIVE RULES FOR AREA COMPETITIONS AND CHAMPIONSHIPS

All rules for Area Competitions apply to Open, Intermediate, Novice and Regional Championship Qualifiers except where stated.

Where a rule states District Commissioner, Centre Proprietor also applies, and where Branch is stated, Centre also applies.

#### 1. AREA COMPETITIONS

- a) Each Pony Club Area will organise a qualifying competition. Branches/Centres will compete within their own Areas. In the event of a genuine reason why a Member cannot compete at their own Area Competition at Novice and above, they may apply to their DC/Centre Proprietor to compete out of Area clearly stating the reasons why. The DC/Centre Proprietor will forward the request to their Area Rep, who will seek approval from the relevant Sport Chairman. The final decision lies with the Sports Chairman. The following points should be noted:
- Only individuals may be permitted to compete out of Area.
- Should a Member compete out of Area and place in a qualifying position, the next placed member of a Branch/Centre belonging to the Area shall also qualify.
- A Member who qualifies out of Area cannot displace any Members in a qualified complete Branch/Area team.
- Out of Area Qualification is not permitted for Preliminary PC70 or Grassroots PC80 (Regional Championships).

The competition comprises:

- i. The Team Competition
- **ii.** The Individual Competition which is open to all competitors in the Team Competition, whose scores are automatically counted for this competition, and to additional individual competitors.
- **b)** Proprietors of Pony Club Centres may enter Area Competitions under the same rules as apply to Branch entries.

#### 2. AGE

All Members shall be eligible to enter both the Team and Individual competition. See Rule 4 for Eligibility to compete at Area Competitions and

#### 3. VACCINATIONS

A valid passport and vaccination record:

- must accompany the horse/pony to all events
- must be available for inspection by the event officials
- must be produced on request at any other time during the event

All ponies/horses must be compliant with the current Pony Club minimum vaccination requirements - please see the website for the current rule.

Note: Events that are held at other venues may be subject to additional specific rules. For example, any horse/pony entering a Licensed Racecourse Property must comply with the Vaccination requirements as set by the British Horseracing Authority. Similar restrictions apply in the cases of certain polo venues. If you are intending to compete under FEI Rules you will need to ensure you are compliant with those Rules.

#### 4. ELIGIBILITY

The District Commissioner or Centre Proprietor is required to certify the eligibility of horse and rider as follows. Should a breach of eligibility subsequently be discovered, then the Dressage Committee may disqualify the offending competitor.

**Area –** Members must fulfil all the following eligibility rules on the day of their Area Competition.

**Championships** – Between the Area Competition and the Championships, combinations who qualify for the Championships are permitted to compete in BD (or DI) competitions at a higher level than they are allowed to for the level at which they are qualified but not more than one level higher.

Please see below.

### APPLICABLE TO OPEN, INTERMEDIATE, NOVICE AND REGIONAL CHAMPIONSHIPS

- 1. Horses must be 4 years of age or over and there is no height limit. A horse or pony shall be deemed to reach the age of 1 on the 1st January following the date on which it is foaled and shall be deemed to become a year older on each successive 1st January.
- 2. Horses/ponies can be ridden in three tests in one day, with up to two riders.

- 3. Combination of Horse and Rider can compete at two adjacent levels of the same Sport at the Area Competition or at the Championships, i.e., combinations can compete at Preliminary PC70 and Grassroots PC80, Grassroots PC80 and Novice, Novice and Intermediate or Intermediate and Open. Should a combination qualify at two levels, a further place should be passed down at the lower level.
- **4.** Stallions may only be ridden by Members if written permission is obtained from their District Commissioner and they must wear identifying discs on their bridles in the interests of safety.
- **5.** All competitors must be Members of The Pony Club both at the closing date for entries to the competition and at the date of the relevant competition to be eligible to compete at Area qualifying competitions and the Championships (including Regional Championships).

#### INTERMEDIATE

**Area Competitions:** Combination of horse and rider are NOT eligible if they have:

- won any British Dressage (or Dressage Ireland) points at Elementary level or above
- completed at BD (or DI) Medium level or above (BD Team/My Quest competitions do not count for the purposes of this rule)

**Championships:** as for Area Competitions except that the combination of horse and rider are permitted to have:

- won BD (or DI) points at Elementary level
- completed up to BD (or DI) Medium level

#### NOVICE

**Area Competitions: Combination** of horse and rider are NOT eligible if they have:

- completed an Open Area level or above summer competition in
   Dressage in the current year or have done so in previous years
- won any BD (or DI) points (BD Preliminary points do not count for the purposes of this rule)
- completed at BD (or DI) Elementary level or above (BD Team/My Quest competitions do not count for the purposes of this rule)
- competed in BD Novice Music classes

**Championships:** as for Area Competitions except that the combination of horse and rider are permitted to have:

- won BD (or DI) points at Novice level
- ▶ competed up to BD (or DI) Elementary level

#### **GRASSROOTS PC80**

**Area Competitions:** Combination of Horse and Rider are NOT eligible if they have:

- completed an Intermediate Area level or above summer competition in Dressage or Eventing in the current year or have done so in previous years.
- completed above Prelim level with British Dressage (or DI) at BD Novice Team/My Quest
- been placed 1st 4th in the ride-off at a previous Grassroots PC80
   Regional Dressage Championships

**Championships:** as for Area Competitions except that the combination of Horse and Rider are permitted to have:

completed at BD Novice Team/My Quest

#### PRELIMINARY PC70 REGIONAL CHAMPIONSHIPS

#### **Area Competitions and Championships:**

Riders must be aged 13 and under on 1st January of the current year.

Combination of horse and rider are NOT eligible if they have:

- completed a **Novice** Area level or above **summer** competition in Dressage or Eventing in the current year or have done so in previous years.
- completed above Prelim level with British Dressage (or DI) or at BD Novice Team/My Quest.
- been placed 1st 4th on more than two occasions at a previous
   Preliminary PC70 Regional Championships.

#### PRELIMINARY PC70 PLUS REGIONAL CHAMPIONSHIPS

This is a class solely for individuals. There is no team competition.

Members must be aged 14 and over on 1st January of the current year.

Combination of horse and rider are NOT eligible if they have:

 completed a Novice Area level or above summer competition in Dressage or Eventing in the current year or have done so in previous years.

- completed above Prelim level with British Dressage (or DI) or at BD Novice Team/My Quest.
- been placed 1st 4th on more than two occasions at a previous
   Preliminary PC70 Regional Championships.

#### 5. FORM OF THE AREA COMPETITION

The competition comprises:

- a) The Individual Competition the scores for all competitors in the Competitions automatically count for this competition. In addition, Branches/Centres may enter individuals, irrespective of whether they have entered a team or not.
- b) The Team Competition open to teams that must consist of three or four Members from each Branch/Centre of The Pony Club in Great Britain and Northern Ireland (only the best three scores of each team are counted, but at least three members must complete the competition).
- c) Area Teams if a Branch has a Member/s who are not included in a team, they may combine with one or more Branches/Centres in a similar situation to form a team to compete at the Area Competition. These teams can only be put together by the Area Representative and/or Area Organiser. This team shall be eligible to qualify for the Championships. Should an Area Team qualify for the Championships, then the next placed eligible Branch Team shall also qualify.

#### 6. ENTRIES

#### a) Area Competitions

i. Entries should be made to the organising Branch/Centre. Details to be found in the Area Competition schedule.

#### b) Open/Intermediate/Novice Championships

i. Entries for competitors who have qualified for the Championships should be made via the online entry system as per the competition schedule.

#### c) Regional Championships

Please refer to the relevant Championship venue schedule for entry details.

## 7. WITHDRAWALS (ALL COMPETITIONS & CHAMPIONSHIPS)

If a Branch or Centre withdraws a team or individual prior to the closing date for a competition, a full refund of entry and stabling fees will be made, less an administration charge.

Withdrawals after the closing date for a competition will not be refunded.

## 8. ABANDONMENT (ALL COMPETITIONS & CHAMPIONSHIPS)

In the event of a competition being abandoned, for whatever reason, a refund of 50% of the entry fee will be given. In such an instance the refund process will be communicated and must be followed.

#### 9. SUBSTITUTIONS

- a) Area Competitions after the closing date for declarations, no substitutions may be made of horses or riders except in cases of illness, lameness or other unavoidable circumstances which must be certified in writing by the District Commissioner or his appointed representative. In such a case:
  - If a horse has to be substituted an alternative rider may be nominated
  - ii. If a rider has to be substituted an alternative horse may be nominated.
  - **iii.** If a Branch enters two teams under Rule 5, substitution may be made from one team to the other

#### b) The Championships and Regional Championships

No substitutions may be made of horses or riders except in cases of illness, lameness or other unavoidable circumstances which must be certified in writing by the District Commissioner or his appointed Representative. In such a case:

#### i. Teams:

- Members and/or horses may be substituted, but at least two combinations of horse and rider must be the same as those that started in the qualifying team at the Area Competition.
- If a horse has to be substituted an alternative rider may be nominated.

- ► If a rider has to be substituted an alternative horse may be nominated
- If a team of three qualifies for the Championships, then a fourth team member may be entered at the Championships, as long as both the horse and rider are eligible and completed the Area Competition.
- Substitutions of rider for Area teams are only permitted if the replacement rider competed at the Area qualifier.

#### ii. Individuals:

► A substitute horse may be entered but not a substitute rider.

#### c) Area Competitions and the Championships

- i. No substitutions are allowed after the competition has started.
- ii. No horse or rider replaced by a substitute may re-enter the competition.
- **iii.** In all cases of substitution, the District Commissioner or Appointed Representative must certify in writing that the substitute is eligible under Rule 4.
- iv. It is the strict responsibility of the District Commissioner or his Appointed Representative to ensure that the Competition Secretary is aware of any substitutions before the start of the class concerned.

#### 10. NUMBERS TO QUALIFY

#### a) Open Dressage Championships

#### Teams

- Top three teams qualify automatically
- 4th team qualifies if 6 or more teams compete

#### **Individuals**

- ▶ The winner of each section qualifies automatically
- ▶ 2nd in section qualifies if 4 or more competed in that section
- ▶ 3rd in section qualifies if 6 or more competed in that section
- ▶ 4th in section qualifies if 8 or more competed in that section
- ▶ 5th in section qualifies if 10 or more competed in that section
- Where a qualifying individual is a member of a qualifying team, the qualifying place should be passed down the line.

#### b) Intermediate Dressage Championships

#### **Teams**

- Top two teams qualify automatically
- > 3rd team qualifies if 8 or more teams compete
- ▶ 4th team qualifies if 16 or more teams compete

#### **Individuals**

- ▶ The winner of each section qualifies automatically
- ▶ 2nd in section qualifies if 8 or more competed in that section
- ▶ 3rd in section qualifies if 12 or more competed in that section
- ▶ 4th in section qualifies if 16 or more competed in that section
- Where a qualifying individual is a member of a qualifying team, the qualifying place should be passed down the line.

#### c) Novice Dressage Championships

#### Teams

- Winning team qualifies automatically
- ▶ 2nd team qualifies if 6 or more teams compete
- 3rd team qualifies if 10 or more teams compete
- ▶ 4th team qualifies if 14 or more teams compete

Where a qualifying individual is a member of a qualifying team, the qualifying place should be passed down the line.

#### **Individual Competition**

- Open to the winning individual in each arena (where four arenas are used) from each Novice Area Competition.
- Where two arenas are used the two highest-placed individuals from each arena will qualify and
- Where only one arena is used the four highest-placed individuals will qualify.
- Where a qualifying individual is a member of a qualifying team the place should be passed down the line.

#### d) Grassroots PC80 Regional Championships

#### **Team Competition**

Open to the top 6 teams from each Grassroots PC80 Regional Championship qualifying class.

#### **Individual Competition**

▶ Open to the top 4 individuals in each arena (where four arenas are

- used) from each Area Competition.
- Where two arenas are used the 8 highest placed individuals from each arena will qualify
- Where only one arena is used the 16 highest placed individuals will qualify.
- Where a qualifying individual is a member of a qualifying team the place should be passed down the line.

#### e) Preliminary PC70 Regional Championships

#### **Team Competition**

Open to the top 6 teams from each Regional Championship qualifying class.

#### **Individual Competition**

- Open to the top 4 individuals in each arena (where four arenas are used) from each Area Competition.
- Where two arenas are used the 8 highest placed individuals from each arena will qualify.
- Where only one arena is used the 16 highest placed individuals will qualify.
- Where a qualifying individual is a member of a qualifying team the place should be passed down the line.

#### f) Preliminary PC70 Plus Regional Championships

#### **Individual Competition**

- Open to the top individual in each arena (where four arenas are used) from each Area Competition.
- Where two arenas are used the 2 highest placed individuals from each arena will qualify
- Where only one arena is used the 4 highest placed individuals will qualify.

#### g) Ride-Offs

Following the team and individual competition at the Championships, there will be a ride-off to determine the overall individual winner. The ride-off is open to the competitors placed first, second and third in each arena at the Championships.

#### h) Teams/Individuals Unable to Compete at the Championships

Should a qualified team/individual be unable to compete at the Championships, the next team/individual down the line may be invited to compete, provided the substitution is made by 12 noon on Monday 4th August 2025.

Branches or individuals not able to go forward to the Championships must inform the Area Competition Organiser immediately so that the qualifying documents can be handed without delay to the next highest-placed team/individual who is able to compete at the Championships.

If a TEAM ceases to be eligible following withdrawals (fewer than three Members remaining), the team place would then be passed down the line, as long as the withdrawals are made by 12 noon on Monday 5th August 2024. The remaining individual/s from the team may retain their place/s.

#### 11. JUDGES

- a) Area Competitions the Area Organiser shall appoint Judges (one per arena) who must be on the British Dressage Judges Panel Lists 1-4 for Open Area Competitions and Lists 1-6 for Novice and Intermediate Area Competitions. The Senior Judge shall serve on the Jury of Appeal.
- **b)** Regional Championships the Area Organiser and Regional Championship Organiser shall appoint Judges (one per arena) who must be on the British Dressage Judges Panel Lists 1-6.
- **c)** Championships Judges shall be appointed by The Pony Club Office, all of whom should be on Lists 1, 2a, 2 or 3a for Open Championships, Lists 1, 2a, 2, 3a, or 3 for Intermediate Championships or Lists 1-4 for Novice Championships.
- **d)** Inspection of Arenas. It is the ultimate responsibility of the Judges to check that the arenas are satisfactory and to have them modified at their discretion.

#### 12. METHOD OF JUDGING

At Area Competitions there shall be one Judge per arena. At the Championships there shall be two Judges per arena in the Open Competition and one Judge per arena for Intermediate and Novice. Three of the Open Judges shall judge the Open/Intermediate/Novice individual ride-off and two of the Regional Championship Judges shall judge the individual ride-off.

Judges shall complete their own sheets which are added together to give the total for each competitor. For the Team Total, see Rule 51.

#### **13.** TIES

In the event of a tie the collective marks (paces, impulsion, submission and rider position) shall be totalled to decide the highest-placed individual competitor. The winning team will be the team with the least points. In the event of equality of team scores, the collective scores of the three best team members are added together, the highest-placed team is the one with the highest collectives. If the total of the collective marks is also equal then the mark for 'Submission/Cooperation' should be consulted and the team with the higher mark shall take the higher placing. If the mark for Submission/Cooperation is also equal the teams concerned shall be given the same placing.

#### ORDER OF RIDING

**a)** Competitors will be allocated to arenas in the order that they appear on the declaration form.

#### b) Area Competitions:

- i. Where the total number of competitors is less than 32, it is strongly recommended that no more than two arenas are used.
- ii. Where two arenas are to be sufficient, the first two members of each team shall compete in arena A and the third and fourth members of each team in arena B. Additional individuals shall be divided equally between the two arenas.
- **iii.** Where four arenas are required, one member of each team shall compete in each arena, and additional individuals shall be divided between the four arenas.
  - If the Organisers are unable to provide four arenas, the first two members should compete in two separate arenas in the morning and the third and fourth members in the same arenas but with different Judges in the afternoon.
- c) Open, Intermediate, Novice and Regional Championships where numbers allow, there shall be four arenas for the teams, with one member of each team competing in each. The individuals will be allocated to a fifth and sixth arena (not applicable for the Regional Championships). The Judges will be at C and B/E for the Open.
- d) Open, Intermediate, Novice and Regional Championships Ride-off to obtain the Individual Open/ Intermediate/Novice/Regional Championship winner, the highest, second and third highest-placed competitor in each arena shall ride off against each other, before three/

three/three/two Judges, in one arena. The ride-off order will be drawn.

#### 15. OFFICIAL STEWARD

An Official Steward for each Area Competition and for the Championships should be appointed. They should ensure well in advance that the site chosen for the competition is suitable. They shall be present on the day of the competition to ensure that it is conducted in accordance with the Rules, and to give what help and guidance may be required. They should check the Dressage arenas in advance to see that they comply with the rules and regulations.

In consultation with the Organiser, they shall appoint the Senior Judge. At the end of the competition they are responsible for ensuring that the final results sheet is completed and signed.

The Official Steward shall adjudicate on any unforeseen eventualities.

#### 16. JURY OF APPEAL

- a) Area Competitions and Intermediate/Novice Championships
   the Jury shall consist of the Official Steward, the Senior Judge and the
- Organiser. **Open Championships** the Jury shall consist of the Official
- Steward, two Judges and a Member of the Dressage Committee, nominated by the Official Steward.
- c) All Members of the Jury of Appeal must remain on the ground until half an hour after the scores have been published.
- **d)** The Official Steward may appoint a replacement for any Member of the Jury if the need arises.

#### 17. BRANCH/CENTRE REPRESENTATIVES

If the District Commissioner/Centre Proprietor of a competing team or individual is unable to be present at the competition, they must inform the Organiser of the Area Competition or Secretary at the Championships, in writing, of the name of the person appointed to be their representative. Representatives must carry with them a copy of the District Commissioner's/Centre Proprietor's letter of appointment.

#### 18. PROTESTS AND OBJECTIONS

Apart from the Official Steward, the Area Representative and officials

of the competition, only District Commissioners or their Appointed Representatives are entitled to lodge protests or objections, which must be made in writing and addressed to the Organiser of the Area Competition, or Secretary of the Championships. They must be accompanied by a deposit of £50 at either Area or Championships, which is forfeited unless the Jury of Appeal decides that there were good and reasonable grounds for them. Protests or objections must be made not later than half an hour after the scores have been published. The Official Steward/Organiser shall give their decision in the first instance. If this is not accepted, the Jury of Appeal shall give their decision after investigation and this decision is final.

#### 19. COMPETITORS WITH MEDICAL CONDITIONS

Competitors with medical conditions of any type should be dealt with sympathetically. Should a condition be noted on the entry form, it would be dealt with by the Official Steward.

#### 20. REASONABLE ADJUSTMENT

At The Pony Club, we are committed to ensuring equality of opportunity for all members, parents, volunteers, officials and stakeholders irrespective of age, gender reassignment, disability, race or ethnicity.

The Pony Club endorses the principle of sports equality and strives to ensure that everyone who wishes to be involved in Pony Club sport and activities has a genuine and equal opportunity to participate to the full extent of their own ambitions and abilities, irrespective of age, gender, gender reassignment, disability, marital or civil partnership status, pregnancy or maternity, religion or belief, race, ethnicity (including race, colour and nationality) sexual orientation and socio-economic background.

Reasonable Adjustment can be requested by following the process outlined in the Reasonable Adjustment Policy.

# PART II – GENERAL RULES FOR PONY CLUB DRESSAGE

#### 21. DRESS

New equipment is not expected, but what is worn must be clean, neat, tidy and safe.

It is the competitor's responsibility to ensure their dress complies with the Rules. Contravention may incur disqualification. Apart from Cross Country colours and silks, brightly coloured accessories must not be worn.

#### a) Hats and Hair

**Hair:** Must be tied up and back (preferably in a hairnet) and securely, in a safe manner to reduce the risk of hair being caught and to prevent scalp injuries.

**Hats:** Members must always wear a protective hat when mounted. Only hats to the following specifications are acceptable at any Pony Club activity. The Pony Club is consistent with fellow BEF (British Equestrian) Member bodies in its Standards for Riding Hats. Individual sports may have additional requirements with regard to colour and type. It is strongly recommended that secondhand hats are not purchased.

### The hat standards accepted as of 1st January 2025 are detailed in the table below:

Hat Standard	Safety Mark
Snell E2016 & 2021 with the official Snell label and number	E2015
PAS 015: 2011 with BSI Kitemark or Inspec IC Mark	INSPEC CERTIFIED WIL (01,040 2014-1)
(BS) EN 1384:2023 with BSI Kitemark or Inspec IC Mark	INSPEC CERTIFIED VIJ. (01.040.201+13

VG1 with BSI Kitemark or Inspec IC Mark	INSPEC CERTIFIED WIS 61,040 2014-13
ASTM-F1163 2015 & 2023 with the SEI mark	<u>M</u>
AS/NZS 3838, 2006 with SAI Global Mark	**

Note: Some hats are dual-badged with different standards. If a hat contains at least one compliant hat standard it is deemed suitable to competition, even if it is additionally labelled with an older standard.

- No recording device is permitted (e.g. hat cameras) as they may have a negative effect on the performance of the hat in the event of a fall.
- ▶ The fit of the hat and the adjustment of the harness are as crucial as the quality. Members are advised to try several makes to find the best fit. The hat should not move on the head when the head is tipped forward. The Pony Club recommends you visit a qualified BETA (British Equestrian Trade Association) fitter.
- Hats must be replaced after a severe impact as subsequent protection will be significantly reduced. Hats deteriorate with age and should be replaced after three to five years depending upon the amount of use.
- Hats must be worn at all times (including at prize-giving) when mounted with a chinstrap fastened and adjusted so as to prevent movement of the hat in the event of a fall.
- For Dressage: hats and hat covers must be predominately black, navy blue or a conservative dark colour that matches the rider's jacket for Area competitions or above. The Pony Club Hat silk is also acceptable.
- The Official Steward/Organiser may, at their discretion, eliminate a competitor riding in the area of the competition without a hat or with the chinstrap unfastened or with a hat that does not comply with these standards.

#### **Hat Checks and Tagging**

The Pony Club and its Branches and Centres will appoint Officials, who are familiar with The Pony Club hat rule, to carry out hat checks and tag each hat that complies with the requirements set out in the hat rule with an Pony Club hat tag. Hats fitted with a Pony Club, British Eventing (BE) or British Riding Club (BRC) hat tag will not need to be checked on subsequent occasions. However, the Pony Club reserves the right to randomly spot check any hat regardless of whether it is already tagged.

Tagging is an external verification of the internal label and indicates that a hat meets the accepted standards. The tag does NOT imply any check of the fit and condition of the hat has been undertaken. It is considered to be the responsibility of the Member's parent(s) / guardian(s) to ensure that their hat complies with the required standards and is tagged before they go to any Pony Club event. Also, they are responsible for ensuring that the manufacturer's guidelines with regard to fit and replacement are followed.

For further information on hat standards, testing and fitting, please refer to the British Equestrian Trade Association (BETA) website: <u>British Equestrian Trade Association - Safety and your head (beta-uk.org)</u>

**b) Breeches** – should predominately be of a solid, single colour. Dark-coloured contrast seats are permitted. Striped or bold patterned breeches or jodhpurs are not permitted.

White, cream or beige (with or without dark-coloured contrast seats) are encouraged for all Area, Regional and Championship Competitions and the Home International Competition.

c) Jackets – traditional jackets must be worn with a Pony Club tie or hunting stock. It is permitted to wear a Pony Club stock with any jacket. Jackets must be worn for the duration of the test. Jackets may be removed during warming up, provided the competitor is wearing a shirt that at a minimum covers the shoulders. During hot weather the Judges may give permission for competitors to ride without jackets, but shirts must cover the shoulders.

Competitor numbers should be worn at all times.

- **d) Pony Club Badge** the official metal membership badge should be worn on the left lapel of the rider's jacket.
- e) Gloves all competitors must wear gloves.

- or riding a horse/pony is not recommended and if done at any Pony Club activity, is done at the risk of the member/their parent/guardian. However, to stop any risk of injury, necklaces and bracelets (other than medical bracelets) must be removed, as must larger and more pendulous pieces of jewellery (including those attached to piercings) which create a risk of injury to the body part through which they are secured. For the avoidance of doubt a wristwatch, wedding ring, stock pin worn horizontally and/or a tie clip are permitted. It is recommended that stock pins are removed for cross country.
- g) Spurs may not be worn by a Pony Club member at a Pony Club activity or event unless that member has passed either the Pony Club C+ Riding Test or the Pony Club Spurs Test. Any misuse of spurs will be reported to the DC/Centre Proprietor, Area Representative and Training Chairman; any reported riders will be recorded and monitored.

Sharp spurs are not permitted. Only blunt spurs, without rowels or sharp edges, and spurs that have a smooth rotating ball on the shank may be worn. If the spurs are curved, the curve must be downwards, and the shank must point straight to the back. The Pony Club recommends a spurs length of no greater than 2.5cm - the measurement is taken from the back boot to the end of the shank. No spurs with a length greater than 4cm are permitted.

Spurs must only be used to enhance the normal leg aids and allow for better communication from rider to horse.

Spurs must never be used to vent a competitor's anger or to reprimand the horse.

Use of the spurs which causes injury e.g.. blood, broken skin or a weal, is always classed as misuse.

Misuse of the spurs anywhere at the event will result in disqualification.

**h) Footwear** – Only standard riding or jodhpur boots with a well defined square cut heel may be worn. Plain black or brown half chaps may be worn with jodhpur boots of the same colour. Tassels and fringes are not allowed. No other footwear will be permitted, including wellington boots, yard boots, country boots, "muckers" or trainers. Boots with interlocking treads are not permitted, nor are the boots or treads individually.

Stirrups should be of the correct size to suit the rider's boots (see the Stirrup rule).

- i) Body Protectors see Appendix B.
- j) Button Holes shall not be worn.
- **k)** While dismounted in the collecting area, competitors must be tidily dressed but not necessarily in riding clothes.
- I) At prize-giving, mounted or dismounted, competitors must be correctly dressed in their competition riding clothes.

#### 22. SADDLERY AND EQUIPMENT

New equipment is not expected, but what is worn must be clean, neat, tidy and safe.

It is the competitors' responsibility to ensure that their tack is in accordance with the rules and that they present themselves for inspection. Any competitor who presents to compete in the wrong saddlery/equipment will not be allowed to compete until they decide to re-present in the correct saddlery/equipment. Any competitor who then changes their tack after the Tack Inspection will be disqualified from the competition.

The Official Steward has absolute discretion to forbid the use of any bit, gadget, spur or boot which they consider cruel or misused. Any misuse of a bit/bridle will be reported to the District Commissioner/Centre Proprietor, Area Representative and Training Chairman. Any reported riders will be recorded and monitored.

Any equipment not covered in these Rules must be referred at least two weeks in advance of the competition to The Pony Club Office to allow time for the Chairman of the Dressage Committee to be consulted. All tack must be correctly fitted. Riders needing special equipment are welcome to apply to The Pony Club Office under the Reasonable Adjustment Policy.

- a) Saddles brown or black saddles of plain English type with white, cream or dark coloured girths. Competitors wishing to use a side-saddle must notify the Organiser of the competition at the time of entry.
- **b)** Bridles and Nosebands black or brown bridles must be used. Double bridles can be used at Open level Dressage only. For safety reasons, leather bridles are recommended. Bridles/nosebands matching the diagrams below are permitted.

Nosebands shown in 1, 3, 4 and 6 are not permitted for use with a double bridle. Diagram 5, when used as a double bridle, the lower strap (flash) of the nose band is not allowed.

Nosebands must not incorporate chain or rope. Nosebands should be correctly fitted and should not cause discomfort.





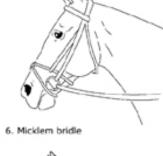
Flash noseband



 Crossed noseband (pictured) , Mexican noseband



Combined noseband – no throat lash



- c) Numnahs, saddle cloths, pads any solid colour is permitted. Contrasting piping is permitted. Branch/Centre logos are allowed when competing for the Branch/Centre; logos must not exceed 200 sq. cm. This does not preclude the wearing of clothing for horses or riders that has been presented by sponsors of the Championships in the current or previous years.
- **d) Stirrups -** should be of the correct size to suit the rider's boots. They must have 7mm (1/4") clearance on either side of the boot. To find this measurement, tack checkers should move the foot across to one side of the

stirrup, with the widest part of the foot on the tread. From the side of the boot to the edge of the stirrup should not be less than 14mm.

There are now many types of stirrups marketed as 'safety stirrups'. All riders must ensure that their stirrups are suitable for the type of footwear they are wearing and the activities in which they are taking part and that the stirrup leathers are in good condition.

There are no prescribed weight limits on metal stirrups, however with the advent of stirrups of other materials, weight limits are frequently given by manufacturers. Any person buying these stirrups, should comply with weight limits defined on the box or attached information leaflets. Neither the feet nor the stirrup leathers or irons, may be attached to the girth, nor the feet attached to the stirrup irons.

It is strongly recommended that the design of the stirrup chosen allows the foot to be released easily in the event of a rider fall.

Particular focus should be on ensuring that the boot and stirrup are the correct size for the rider taking part and used in line with the manufacturer's guidance.

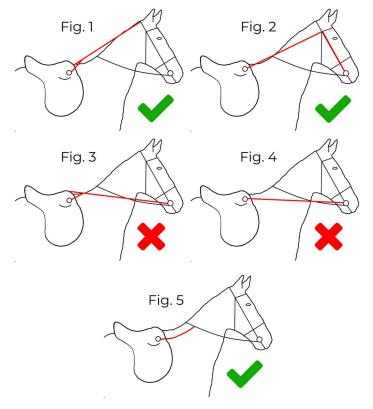
For the avoidance of doubt, at Pony Club events:

- stirrups which connect the boot and the stirrup magnetically are not allowed
- Interlocking boot soles and stirrup treads are not allowed
- **e)** The following are not permitted:
- bitless bridles or hackamores
- bit guards
- reins with elastic inserts or bridge reins
- martingales, Market Harborough's and bearing, side, check or running reins of any kind (see grass reins rule below)
- ▶ blinkers of any kind, including sheepskin or leather cheek pieces
- humane girths (described as having non-independent straps that will loosen if one of the straps were to break).

#### ▶ bridle clips

- **f)** Grass and Balanced Support Reins Grass reins and balanced support reins are permitted at Pony Club rallies and competitions jumping up to 50cm, or in the Walk and Trot Test subject to the following:
- ▶ only those reins shown in diagrams 1 and 2 (and 5) are permitted
- the reins must be fitted to allow and not restrict the normal head

- position of the pony. The rein length must be sufficient to allow the pony to stretch over a small fence
- reins may be leather or synthetic material, if synthetic then a break point of leather or other suitable material must be included.



- **g)** The use of a **Micklem Multibridle** is permitted without bit clips.
- **h) Bits** must comply with current rules for British Dressage and must be used in their manufactured condition without any addition to/on any part. If in doubt, guidance should be sought from The Pony Club Office in writing with a photo of the bit in question.

Double Bridles are permitted at Open level Dressage only.

- i) Bandages and Boots may be worn while riding-in, but not during a test. Hoof boots are not permitted.
- j) Neckstraps are allowed at all levels.
- k) Fly-fringes, nose gauzes and ear covers are permitted for

all competitions, and may also provide noise reduction. The ear cover/ fly fringe must not cover the horse's eyes.

Ear plugs are not permitted and spot checks may be carried out. Nose nets are permitted. Nose nets must cover the nose only leaving the mouth and bit visible.

- I) Saddle covers are not permitted except during riding-in. A gel pad/memory foam seat saver is permitted, provided that it is unobtrusive and matches the colour of the saddle. Other types of seat saver are not permitted.
- **m)** Lungeing in side reins, but NOT bearing, check or balancing reins is allowed when exercising or warming up.
- **n) Electronic devices** (i.e. headphones, mobile phones etc. enabling another person to communicate with the rider) are not allowed whilst the rider is competing. No recording device is permitted (e.g. head/bridle cameras etc.).
- o) Any unusual decoration of the horse with unnatural things, such as ribbons, glitter, flowers etc. in the mane/tail or applied to the coat is forbidden. Discreet red bows in the tail are permitted for horses that kick, Green ribbons for young horses and Yellow ribbons for registered Para riders (following permission from the Pony Club Office) are allowed.
- **p)** Competitors using saddlery and gadgets which are not allowed in the competition may be eliminated. See Rule 23.

#### 23. WHIPS

- **a)** May be carried during the test. This includes Area Competitions and the Championships.
- b) Are restricted to 102cm in length, measured up to the tassel.
- c) May not be picked up if dropped during a test.
- **d)** May be carried in either hand but must be in the rein hand when saluting.
- e) If misused, in the opinion of the Judge, the rider will be eliminated.
- f) Whips are not allowed in the Dressage phase of an Eventing competition at PC90, PC100, PC Chairman's Cup and PC110.

At all times, the whip must only be used:

- ▶ For a good reason, as an aid to encourage the horse forward.
- At an appropriate time, namely when the horse is reluctant to go forward under normal aids of seat and legs.
- In the right place, namely down the shoulder or behind the leg but never overarm.
- ▶ No more than twice for any one incident.

Excessive use of the whip anywhere at the event will result in elimination of the rider from any competition which has already taken place and disqualification of the rider from competing for the rest of the day. The following are always considered excessive and will result in immediate elimination:

- Use of the whip to vent a competitor's anger.
- ▶ Use of a whip which causes injury e.g.. Broken skin or a weal.
- ▶ Use after elimination or retirement.
- ▶ Use on a horse's head, neck etc.
- ▶ Using the whip from the ground after a rider fall or dismount.
- ▶ If the rider's arm comes above the shoulder when using the whip

#### 24. PENALTIES FOR CONTRAVENING THE RULES

Contravention of the rules will incur elimination. Under certain circumstances, instead of elimination, a 2-point penalty may be deducted at the discretion of the Dressage Judge, in collaboration with the Official Steward (if there is no Official Steward, then the Organiser may be consulted). The 2-point penalty would only apply to minor infringements that do not affect the performance of the horse, i.e. rider not wearing gloves, horse entering arena with tail bandage in place, etc. Points will be deducted from the final score and will not count as errors of course.

#### 25. ACTION AFTER A FALL

Any competitor who has a fall or sustains a serious injury anywhere at the competition site **MUST** see the medical personnel on the day and be passed fit to ride before riding that horse in a further test or before riding any other horse.

#### 26. HEAD INJURIES AND CONCUSSION

If a person is diagnosed with a concussion, they must not ride or take part in any Pony Club organised activity that involves close contact/handling or riding of horses or ponies for 21 days. This may need to be extended if symptoms persist, on the advice of the treating doctor. All concussion must be reported to Head Office using the online accident report form or by

email if it occurred outside of The Pony Club. Concussion advice should be followed without exception.

Head injuries and concussion can be very serious and life changing. Serious head injuries are usually obvious, but concussion can be very subtle. It may not be immediately apparent but should be taken very seriously. Recovery from concussion should be managed carefully.

This rule should be read in conjunction with:

- ► The Pony Club Concussion Advice
- UK Government Concussion Guidelines

Please contact <a href="mailto:safety@pcuk.org">safety@pcuk.org</a> for further support and advice.

#### 27. MEDICAL SUSPENSION

If a Member has been suspended from taking part in any activity/ competition/sport for medical reasons, this suspension must apply to all Pony Club activities until such time as the Member is passed fit by a medical professional to take part. It is the Member's and parent/guardian's responsibility to ensure adherence to this rule.

Medical letters are required, following a suspension for medical reasons, to allow a Member to take part in any activity again. The letter should be issued by the either the hospital or specialist(s) involved in treating the injury, where appropriate.

#### 28. UNSEEMLY BEHAVIOUR

Unseemly behaviour on the part of riders, team officials, or team supporters will be reported as soon as possible by the Official Steward to The Pony Club Office. Offenders may be penalised by disqualification of the Branch or Centre concerned for a period up to three years. Any competitor, who in the opinion of the Official Steward, or Organiser, has been extremely rude or aggressive towards any officials at a competition, or who has behaved in an aggressive or unfair manner to their horse, may be disqualified.

#### 29. PERFORMANCE-ENHANCING DRUGS

All performance-enhancing drugs are strictly forbidden and The Pony Club supports 100% clean sport.

#### a) Equine - Controlled Medication

It is essential for the welfare of a horse/pony that appropriate veterinary

treatment is given if and when required. Some medication, however, may mask an underlying health problem so horses and ponies should not take part in training or competition when taking such medication and any Therapeutic Use Exemptions (TUE) should be confirmed in writing by a Vet.

#### b) Human

Performance-enhancing drugs are forbidden. The Pony Club supports the approach taken by the UK Anti-Doping Agency in providing clean sport. The Pony Club disciplinary procedures will be used where doping is suspected including reporting to the UK Anti-Doping Agency.

#### c) Testing

All competitors should be aware that random samples may be taken for testing from both themselves and/or their horse/pony. The protocol used will be that of the relevant adult discipline.

Competitors and their horses/ponies at national or international level may be subject to blood tests in line with the Sports Council Policy on illegal and prescribed substances. All young people competing at these levels should be aware of this.

#### d) Reporting

i. Anyone who has reasonable grounds for suspecting that a Member is using or selling an illegal substance must report their concerns to the District Commissioner/Centre Proprietor as soon as practicable. If there is an immediate risk to the health, safety or welfare of one or more Members then the Police must be informed as soon as possible. The person reporting their concerns must ensure that any material evidence is retained.

ii. Upon receiving a report of suspected use or selling of an illegal substance, the District Commissioner/Centre Proprietor should carry out an immediate investigation of the incident and the circumstances in which it occurred, and then decide upon the appropriate action to be taken. This will include:

- ► Informing the Member's parents/guardians
- ► Informing The Pony Club Area Representative who in turn will inform The Pony Club Office
- Informing the Police
- Suspending the Member concerned while investigations are completed
- Awaiting the completion of Police investigations and actions

#### e) Disciplinary Action

The normal disciplinary procedure should be followed in cases relating to alcohol or drugs, which can be found in The Pony Club Handbook.

#### 30. DISQUALIFICATION

The Official Steward or Chief Judge may disqualify a competitor at any stage of the competition:

- a) for dangerous riding, or
- b) if, in their opinion, the horse is lame, sick or exhausted, or
- c) for misuse of whip, spur or bit, or ill-treatment of the horse, or
- d) any breach of the rules, or
- e) for unseemly behaviour, including bad language.

#### 31. SPONSORSHIP

In the case of competitors and horses, no form of advertising, and this includes a sponsor's name, may appear on the competitor's or horse's clothing and equipment at any Pony Club competition. This does not preclude the wearing of clothing for horses or riders that has been presented by sponsors of the Championships in the current or previous years.

Sponsors at Area Competitions must not be business competitors of the main sponsors of the sport, and must be approved by The Pony Club Office.

Any advertising material that is used by sponsors, whether it is in the form of display banners or programme material, must be tasteful, and not inappropriate to the image of The Pony Club.

#### 32. INSURANCE

The Pony Club 'Public and Products Liability Insurance' Policy includes cover for all the official Area Competitions and the Championships. Details of this insurance are available on The Pony Club website.

In the event of any accident, loss or damage occurring to a third party or to the property of a third party (including the general public and competitors) no liability should be admitted, and full details should be sent at once to The Pony Club Office.

The following statements should be included in all event schedules:

#### **Health & Safety**

Organisers of this event have taken reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organisers and all the officials and stewards.

#### **Legal Liability**

Save for the death or personal injury caused by the negligence of the organisers, or anyone for whom they are in law responsible, neither the organisers of this event or The Pony Club nor any agent, employee or representative of these bodies, nor the landlord or his tenant, accepts any liability for any accident, loss, damage, injury or illness to horses, owners, riders, spectators, land, cars, their contents and accessories, or any other person or property whatsoever. Entries are only accepted on this basis.

#### 33. PONY CLUB TESTS

The current Pony Club tests are:

- ▶ Open Dressage Championship Test 2018
- ▶ Open Dressage Test 2020
- ▶ Intermediate Dressage Championship Test 2023
- Intermediate Dressage Test 2024
- Novice Dressage Championship Test 2025
- Novice Dressage Test 2020
- PC70 Dressage Test 2022
- ▶ PC110 Eventing Championship Test 2015
- ▶ PC110 Eventing Test 2022
- ▶ PC100 Eventing Championship Test 2025
- ▶ PC100 Eventing Test 2015
- ▶ PC90 Eventing Championship Test 2015
- PC90 Eventing Test 2025
- Preliminary PC70 Test Dressage 2022
- Grassroots PC80 Dressage Championship Test 2024
- Grassroots PC80 Dressage Test 2018
- Introduction to Dressage Test 2019
- Freestyle Dressage to Music 2023– Novice/Intermediate/Open/Pairs
- Walk and Trot Test 2022
- ▶ D and C level tests (D being walk and trot only)
- ▶ Riders Test 2004

The tests to be used for Summer Area Competitions and the Championships are shown in the following tables:

#### **DRESSAGE**

Area Competitions and Championships

Level	Area	Championship
PC70 Regional Championships	Preliminary PC70 Dressage Test 2022	Preliminary PC70 Dressage Test 2022
PC80 Regional Championships	Grassroots PC80 Dressage Test 2018	Grassroots PC80 Dressage Championship Test 2024
Novice	Novice Dressage Test 2020	Novice Dressage Championship Test 2025
Intermediate	Intermediate Dressage Test 2024	Intermediate Championship Test 2023
Open	Open Dressage Test 2020	Open Dressage Championship Test 2018

#### **EVENTING**

Area Competitions and Championships

Level	Area	Championship
PC70 Regional Championships	Preliminary PC70 Dressage Test 2022	Preliminary PC70 Dressage Test 2022
PC80 Regional Championships	Grassroots PC80 Dressage Test 2018	Grassroots PC80 Dressage Championship Test 2024
PC90	PC90 Eventing Test 2025	PC90 Eventing Championship Test 2015
PC100	PC100 Eventing Test 2015	PC100 Eventing Championship Test 2025

PC Chairman's Cup	PC110 Eventing Test 2022	PC110 Eventing Championship Test 2015
PC110	PC110 Eventing Test 2022	PC110 Eventing Championship Test 2015

**The Rider Test** – The Pony Club Dressage tests may be used for Rider Test classes. These classes should be judged using The Pony Club Rider Test sheets. They are a test of competence of the rider, correctness of their position and their influence on the horse.

#### 34. EXECUTION OF THE TEST

All movements they contain must follow in the order laid down in the test. In a movement which must be carried out at a certain point of the arena, it is at the moment when the rider's body is above this point that the movement must be executed. All tests will be ridden with both hands except where stated otherwise on the test sheets. Transitions may be progressive unless where stated otherwise on the test sheets. All trot work may be executed sitting or rising at the discretion of the rider.

#### 35. SALUTE

All riders must take the reins and whip, if carried, in one hand when saluting and drop the other hand down by the side and bow with their head only.

## 36. DISMOUNTING AND/OR FALL OF HORSE AND RIDER

If, after the rider has entered the arena, they dismount without a reason acceptable to the Judges, no marks will be given for the movement. In the case of a fall of horse and/or rider, the competitor must retire and see medical personnel and be passed fit to ride before riding that horse in a further test or before riding any other horse. (See rules 25 and 26)

#### 37. RESISTANCE

- a) Any horse failing to enter the arena within 60 seconds of the bell being sounded shall be eliminated.
- **b)** Any horse refusing to continue the test for a period of 20 consecutive seconds during the course of a test shall be eliminated.

#### 38. GRINDING OF TEETH AND TAIL SWISHING

Grinding the teeth and swishing the tail are signs of nervousness, tenseness, or resistance on the part of the horse and can be taken into account by the Judges in their marks for the movements concerned as well as in the appropriate collective mark at the end.

#### 39. ASSISTANCE

- a) The Voice the use of the voice is prohibited and will be penalised by the loss of two marks from those that would have been awarded for the movement in which this occurred.
- **b)** Outside Assistance any outside assistance by voice, signs, etc. is considered as assistance to a rider or to their horse. A rider or horse receiving assistance must be eliminated.

#### 40. LEAVING THE ARENA

All riders must leave the arena in free walk on a long rein at a convenient place after performing a test. A horse is eliminated if, during a test, it leaves the arena when the surround is 23cm (9") high or more. Where the surround is less than 23cm (9") and is marked by boards or similar, no marks shall be given for the movement when the horse places all four feet outside the arena. Where the arena is marked by a line only or intermittent boards, it is left to the discretion of the Judges as to the marks deducted.

Any horse leaving the arena not under control will be eliminated and, for this purpose, the test begins when the horse enters at A and finishes with the final halt

#### 41. ERRORS OF COURSE OR TEST

When a competitor makes an 'error of course' (takes the wrong turn, omits a movement etc.) the Judge warns him by sounding the bell. The Judge shows him, if necessary, the point at which he must take up the test again and the next movement to be executed, then leaves him to continue by himself

However, in some cases when, although the competitor makes an 'error of course', the sounding of the bell would unnecessarily impede the fluency of the performance it is up to the Judge to decide whether or not to sound the bell

In fairness to the competitor, it is recommended that the bell should be rung when a movement is executed at the wrong marker, if there is the

possibility of a similar mistake when the movement is to be repeated on the other rein.

If the Judge, for any reason, does not realise until the competitor has left the arena that one or more movements have been omitted they must:

- **a)** Adjust as necessary the position of his marks and comments on the sheet to accord with the movements actually performed.
- b) Give to each of the movements not executed a mark equal to the average of the collective marks entered at the bottom of the sheet (averaged to the nearest whole number, 0.5 to be rounded up).
- c) Record the penalty for error of course.

When the rider makes an 'error of the test' (e.g. does not take the reins in one hand at the salute, etc.) they must be penalised as for an 'error of course'. The Judge should put a star against the movement concerned and mark for an error at the bottom of the sheet.

Competitors are not to repeat a movement of the test unless the Judge at C decides on an error of course and sounds the bell. If, however, the rider has started the execution of a movement and tries to do the same movement again, the Judges must consider only the first movement shown and also penalise for an error of course. The penalty points are deducted on each Judge's sheet from the total points given to the competitor.

## 42. PENALTIES FOR ERRORS OF COURSE

Every 'error of the course', whether the bell is sounded or not, must be penalised:

- First Error
  - 2 marks
- Second Error
  - 4 marks
- ► Third Frror
  - 8 marks

(The points deducted are cumulative; after three errors of course 14 points are deducted).

#### Fourth Error

Flimination

(After the fourth time the competitor may continue his performance to the end, the marks being awarded in the ordinary way).

#### 43. RIDING THE WRONG TEST

A rider who starts the wrong test for the class may be allowed to restart the test (at the Judge's discretion) subject to time at the end of the class. They will be penalised for a first error of course.

#### 44. OFFICIALS AT DRESSAGE COMPETITIONS

At all Pony Club Dressage Competitions:

- a) An Official Steward should be nominated by the organiser (it may be the organiser if necessary).
- **b)** A steward should be appointed to check the tack of each horse, but the competitor remains responsible for complying with the rules for saddlery.
- **c)** The Official Steward has absolute discretion to forbid the use of any bit, gadget or spur which he considers cruel or misused.
- **d)** The Official Steward can eliminate any competitor.

#### 45. COMPETITORS AT ALL DRESSAGE COMPETITIONS

Competitors will assist Stewards in the efficient running of events.

- **a)** Competitors are required to report their presence to the Tack Steward while riding in 30 minutes before their starting time, and being on hand nearer the time to receive the Steward's signal to go to the arena.
- **b)** Competitors should ride where directed close to the arena, as soon as the previous competitor has made their exit.
- **c)** Competitors should ensure that they are conforming to all the rules of The Pony Club, particularly regarding dress and saddlery.
- **d)** Competitors should begin their test without delay on receiving the judge's signal to start.
- **e)** On a signal being given for error or course, the judge shows the competitor, if necessary, the point at which they must take up the test again and the next movement to be executed.

#### 46. TIME

The approximate time given on each test sheet is for guidance only; there are no penalties for exceeding it.

#### 47. EXERCISE

- **a)** Competitors should exercise their horses in the area provided. They shall not exercise in the car park or horsebox area or among spectators. They must not enter or practise in the competition Dressage arenas on penalty of elimination.
- **b)** On the day of the competition, horses competing may be ridden only by their competitors, or in exceptional circumstances, and with the permission of the Official Steward, by another member of the same team.
- **c)** While exercising any horse, whether competing or not, at a Pony Club competition, it is permissible to use only the saddlery allowed for Pony Club Dressage competitions.
- **d)** Lungeing of a horse is only permitted in areas designated by the organiser who may also prohibit it completely at their discretion.

If allowed, lungeing may be carried out by either the rider or other persons. Lungeing of a horse and rider is prohibited.

- e) When riding in, especially in restricted areas:
  - i. Pass left hand to left hand when meeting another rider coming towards you. Don't pass so close as to upset either horse.
  - Make tack adjustments in a safe area without causing an obstruction
  - iii. Trainers and other pedestrians should endeavour to stand out of the way of competitors.

#### 48. RIDING IN ARENAS

No horse, either ridden or led, may enter any arena, other than the practice arena, except when actually competing in a contest, on penalty of elimination. Competitors must wait until the Judge has sounded the horn, rung the bell, or in some other way signified that they may start, before entering the arena. Failure to do so may lead to elimination.

Should the construction of the arena make it impossible for the competitor to ride round the outside before the Judge's signal to enter is sounded, they may on the instruction of the Organiser and/or Judge, ride inside the arena.

#### 49. COMMANDERS

**a)** Commanders are not permitted in Novice, Intermediate and Open Area Competitions and Championships and Eventing competitions at PC80,

**b)** Commanders are not allowed for the Grassroots PC80 Regional or Spring Festival Championships but are permitted for Qualifiers.

# c) Commanders are permitted for the Preliminary PC70 Regional Qualifiers and Championships.

- **d)** Where commanders are allowed it is the responsibility of the competitor to ensure that only the printed text or extracts therefrom are read out and that there is no emphasis on any part of the command. Failure to observe this rule may entail elimination.
- e) Repetition of any part of the text may incur an error of course if used to redirect a competitor in the process of making an error.
- **f)** Commanders may be introduced partway through a test at the Judge's discretion but only at Branch level.
- **g)** Commanders may not stand inside the arena.

#### 50. LAMENESS

In the case of marked lameness, the Judge informs the rider that they are eliminated. There is no appeal against this decision. If there are any doubts as to the soundness of a horse, the competitor will be allowed to complete the test and any unevenness of pace will be severely penalised.

#### 51. SCORING - METHOD

The Judge may allot from 0-10 marks for each numbered movement. These marks are then added together and any penalty marks are deducted. It is essential that all penalty marks are deducted from the individual totals before these are added together.

The Judges' marks are totalled to find the final marking. In the event of equality of total marks, the collective marks should be added together and the competitor with the higher collective marks shall take the higher placing. If the total of the collective marks is also equal then the mark for 'Submission' should be consulted and the competitor with the higher mark shall take the higher placing. If the mark for Submission is also equal the competitors concerned shall be given the same placing.

The mark and the percentage should then be displayed on the scoreboard in two separate columns.

Team competition results – Only the lowest three scores are counted, but at least three members must complete the competition. When all

the tests have been totalled, the competitors in each arena shall be placed in order. Points shall be awarded to each team competitor depending on their placing (1st =1 point, 2nd = 2 points etc.) relative only to other team competitors in that arena and not on their overall placing in that arena. Any competitors riding as an individual in the same arena as team competitors should not be given points. The points for the three best-placed team members shall be added together to give the team score. The winning team will be the team with the least points. In the event of equality of team scores, the collective scores of the three best team members are added together, the highest-placed team is the one with the highest collectives. If the total of the collective marks is also equal then the mark for 'Submission/Cooperation' should be consulted and the team with the higher mark shall take the higher placing. If the mark for Submission/Cooperation is also equal the teams concerned shall be given the same placing.

#### 52. SCALE OF MARKS

The Scale of Marks is as follows:

- ▶ 10 Excellent
- ▶ 9 Very good
- ▶ 8 Good
- ▶ 7 Fairly good
- ▶ 6 Satisfactory
- ► 5 Sufficient.
- ▶ 4 Insufficient.
- ▶ 3 Fairly bad
- ▶ 2 Bad
- ▶ 1 Very bad
- ▶ 0 Not executed

The marks 10 and 0 must be awarded where the performances warrant their use. By 'not executed' is meant that nothing which is required has been performed.

Half marks may be used for all Pony Club Dressage competitions, including for Eventing competitions.

# PART III – DIRECTIONS TO ORGANISERS OF AREA DRESSAGE COMPETITIONS

#### 53. DRESSAGE ARENAS

- a) Arenas (see diagrams on pages 78 & 79) are either 40 metres by 20 metres or 60 metres by 20 metres and should be on flat and level ground, separated from the public or the next door arena by preferably 20 metres, but at least 10 metres. Arenas can be either on grass or on a surface.
- b) The arena may be marked by either a continuous surround of white boards or rope, or by intermittent white boards, placed at each corner and opposite each marker, with a centre line mown from A to C. Where ropes are used to mark the arena, at least six breaking points must be incorporated in case of accidents.
- **c)** Markers. The outer markers must be clearly visible with the letters displayed in black or white. They should be placed about 50cm outside the arena

A gap of about 1m each side of the centre line must be left at A to form an entrance and the A marker placed far enough back, 10m if possible, to allow the horses to enter the arena on a straight track. Crosses, preferably mown, shall be made through the centre line at X, G and D.

- **d)** Flowers and trees (if used) should be placed further back than the markers
- e) The arena(s) should be enclosed with rope or string and stakes not less than 10m but preferably 20m from the arena(s) on all sides.

#### 54. EXERCISING AREA

It is important to provide a level area where competitors can exercise and warm up their horses without interfering with the competition and clear of the car and horsebox parks and spectators. If possible there should be a practice arena, which should be marked.

# 55. EQUIPMENT

Judges normally judge from their own cars. If not, a suitable one must be available, placed in line with the centre line approximately 5 metres from C.

#### Equipment required:

- ▶ Bell, whistle or car horn (varied if arenas are close to each other)
- Stopwatch or watch with good second hand to time any resistance by a horse
- ▶ Board and pen for the writer
- ▶ Judge's marking sheets.
- ► A copy of this Rulebook.
- ▶ List of competitors and their times of starting the test.

#### 56. MEDICAL AND VETERINARY

**a) Medical –** Please refer to the current Pony Club Health and Safety, Rulebook. More details can also be found at pcuk.org.

#### b) Veterinary

- Branch Activities and Competitions If a vet is required the Member's parent will normally call their own vet and arrange treatment.
- ii. Area Competitions Arrangements should be made for a Veterinary Surgeon to be 'on call' and able to attend the site in a reasonable time. The telephone number should be noted in the Secretary's Tent.
- **iii.** In all instances the owner of the horse shall be responsible for the cost of the veterinary treatment provided.
- iv. A tarpaulin should be available to cover a horse should one be killed, and the contact details for the local disposal should be readily available; the Secretary's Tent is recommended. See the Health and Safety Rulebook for further information.
- c) Vaccinations refer to Rule 3.

#### 57. SCORERS

It is most important that scores are published as soon as possible. Where there are two arenas, at least two good scorers are therefore essential, and where there are four arenas, at least three (preferably four) scorers, plus a scoreboard writer in both cases. The scorers' caravan/horsebox should be situated close to the scoreboard, but not so close that the scorers are disturbed.

The score-sheets should be collected quickly and efficiently after each horse/ pony has completed its test.

A Chief Scorer should be appointed and they should make preparations

before the day of the competitions. A list of competitors should be obtained from the Organiser and from this a note made of:

- Competing teams.
- ▶ Individuals in each arena, whether in a team or not.

If records of the above three categories are written in as the competition progresses, and score-sheets filed in order of merit, final scores can quickly be calculated and awards presented.

Where scores are equal, it is a help if the 'Collective Marks' are added together as the day progresses, and the total written at the foot of the scoresheet, so that if the competitors are in the placings the Chief Scorer can quickly see in which order they should be placed. Individual percentages should also be noted both on the score-sheet and on the scoreboard.

#### 58. ARENA STEWARDS

For ease of identification, Arena Stewards should wear tabards or numbers denoting the arena for which they are responsible.

#### 59. TACK CHECK STEWARD

In addition to the Arena Stewards, Organisers shall appoint an experienced person to check that competitors' saddlery, in particular bits and dress, are in accordance with the Rules. If the bit in use is in question the trainer/groom can be asked to open the horse's mouth (this can be done before or after the test at the rider's discretion). Alternatively, the bridle can be removed following the test.

#### 60. TIMING

- a) Between the start of each competitor's test, Organisers should allow 2 minutes longer than the approximate time to complete the test shown on the test sheet i.e. for Pony Club Open Dressage 2020, approximate time is 4½ minutes; time between competitors is 6½ minutes (so use 6 and 7-minute intervals alternately).
- **b)** Competitors shall report to the Tack Check Steward 30 minutes before the time allotted for their test. Failure to do so may incur elimination. They should also report to their Arena Steward 20 minutes before their allotted time.

#### 61. FINANCE

Charges for car and coach parking, admissions to the ground and

programmes are left to the discretion of the Organiser. Although competitors and their District Commissioners or Appointed Representatives should be admitted free to the ground, they could well be charged for ringside parking places. It is hoped that every effort will be made to keep costs to a minimum and to show a profit which the organising Branch/es may retain for their own use.

#### 62. **JUDGES' SHEETS**

District Commissioners, their Representative on the day or Team Trainers shall be given the Judges' sheets on the completion of the contest when the Judges have sanctioned their distribution and all scores have been published. (The time will be noted on the Board). Organisers should ask for a stamped addressed envelope from competitors who wish to leave before their Dressage sheet is available.

#### 63. **PROGRAMME**

A programme can be provided for sale to spectators and competitors, the Sponsor's name shall be included in the heading. It shall give the competitor's number, fore and surname, age (as of 1st January of current year), Branch, name of horse and owner of horse. Columns for writing down the scores are appreciated by spectators. The names of the Official Steward, Judges and the Jury of Appeal should be given. Additional space, if any, might well be devoted to a brief description of Dressage, the names of other officials, and an outline of the work of The Pony Club. It is a good plan to print in the programme the date and place of the Championships and to state which competitors shall qualify to take part. Advertisements from local firms can provide a source of revenue.

#### 64. SIGNPOSTING

The site of the competition should be clearly signed.

#### 65. **ALLOCATION TO ARENAS**

Competitors will be allocated to arenas in the order that they appear on the declaration form. Members of the same family should NOT be allocated to the same arena, if at all possible.

#### 66. **HEALTH AND SAFETY**

In accordance with The Pony Club Health and Safety Rulebook, the Organiser or a representative must carry out an inspection of the competition site prior to the competition and complete a Pony Club 44 competition risk assessment check list.

# PART IV – RULES FOR PONY CLUB DRESSAGE WITH JUMPING COMPETITIONS

#### 67. COMPOSITION

The Dressage and Jumping Tests which make up a Dressage with Jumping Competition shall be taken in that order. The same horse and rider shall complete both tests, and elimination from one test results in elimination from the whole competition.

#### 68. JUDGES

There shall be one or more Dressage Judges, drawn from the British Dressage Official List, and one Show Jumping Judge, preferably from the BS panel.

### **SECTION 1 - DRESSAGE**

#### 69. RULES

The conditions laid down on the Test Sheet (British Dressage, British Eventing or Pony Club) shall apply.

#### 70. SCORING

On each Judge's Sheet the marks allotted for each movement shall be added and any penalties for errors of course deducted. If there is more than one Judge their scores are averaged. The final score is converted to a percentage. This figure is then subtracted from 100 to show the rider's penalty mark.

#### 71. JUDGES' SHEETS

The Judges' marking sheets shall be given to competitors at the end of the competition.

# **SECTION 2 – JUMPING**

#### 72. RULES

The Jumping test consists of one round of the course, Judged under BS

Rules Table A1, except where modified below. There is no jump-off.

#### 73. COURSE

The course shall be approximately 460m long, with the obstacles so placed that the average horse, going smoothly, should meet them in his stride.

Red and white boundary flags mark the start and finish, but need not be used to mark the extremities of the obstacles provided these are clearly defined.

A plan of the course, showing the time allowed, shall be posted up not less than one hour before the jumping commences. The course shall be available for inspection at least half an hour before the start of the test.

#### 74. OBSTACLES

There shall be approximately 8 to 12 numbered obstacles, including at least one double, as solid and as imposing in appearance as available materials allow.

- a) Open No obstacle shall exceed 1.10m (3'7") in height or spread at the highest point and 1.80m (6') at the base except for two which may be 1.15m (3'9") in height, but must not be in combinations.
- **b) Novice** No obstacle shall exceed 90cm (2'11") in height or spread at the highest point and 1.25m (4'1") at the base except for two which may be 95cm (3'1") in height, but must not be in combinations.

#### 75. SPEED

The time allowed is based on a speed of 325m per minute.

N.B. The time taken by each competitor must be recorded, even if it is within the time allowed, as this may be the deciding factor in the event of a tie.

#### 76. PENALTIES

- First disobedience in whole test
  - 4 penalties
- Second disobedience in whole test
  - 8 penalties
- ► Third disobedience in whole test
  - Elimination
- Knocking down an obstacle
  - 4 penalties

- Fall of rider
   Flimination
- ► Fall of horse Flimination
- For every commenced second in excess of time allowed 1 penalty

# **SECTION 3 - GENERAL RULES**

#### 77. DRESS AND SADDLERY

- a) Dressage. See Rules 21 and 22.
- **b) Jumping.** Please refer to The Pony Club Show Jumping Rulebook.

#### **78.** WHIPS

- a) Dressage. The carrying of a whip is permitted. See Rule 23.
- **b) Jumping.** May not exceed 75cm (291/2in).

#### 79. SCORING - OVERALL RESULT

The rider's Dressage penalties are added to the Show Jumping penalties and the result shall be the final score for each competitor. The competitor with the lowest final score is the winner.

If the final score gives equality of penalties to two or more competitors, the classification shall be decided by the lowest penalties in the Dressage test. If there is still equality, the fastest time in the Jumping test will determine the result.

#### 80. EXERCISE

See Rule 47.

# DRESSAGE TESTS

#### THE PONY CLUB OPEN DRESSAGE CHAMPIONSHIP TEST 2018

20m x 60m Arena

1.	A X	Enter in working trot. Halt, immobility, salute. Proceed in working trot.	10
	C	Turn right.	
2.	R	Turn right.	10
	S	Turn left.	
	E	Circle left 10m diameter (collecting the trot in preparation for shoulder in).	
3.	EK KAF	Shoulder in left. Working trot.	10
4.	FS S	Change the rein in medium trot. Working trot.	10
5.	Over C	Transition to walk for 2-5 steps followed by a transition to working trot.	10
6.	RK KAFP	Change the rein in medium trot. Working trot.	10
7.	Р	Turn left.	10
	V F	Turn right.  Circle right 10m diameter (collecting the trot in	
	_	preparation for shoulder in).	
8.	EH	Shoulder in right.	10
9.	С	Medium walk.	10
	Just before M M	Collect the walk.	
	141	1/4 pirouette right, proceed in medium walk towards G.	10
10.		The walk (C-M, M-G)	10
11.	GHS SR	Free walk on a long rein. Half circle left 20m diameter free walk on a long rein.	10x2
12.	R	Medium walk.	10
	Just before M M	Collect the walk.	
	Ivi	1/4 pirouette left, proceed in medium walk towards G.	
13.		The walk (R-M, M-G)	10
14.	G H	Working canter left. Turn left.	10
	SK	Medium canter.	
15.	K	Working canter.	10
	Over A	Give and retake the reins.	
16.	FM	One loop 8-10m in from the track in working canter.	10

17.	M Btwn G & I I	Half circle left 10m diameter to G. Simple change. Half circle right 10m diameter to S.	10
18.	SCMR RF	Working canter. Medium canter.	10
19.	F Over A	Working canter. Give and retake the rein.	10
20.	KH	One loop 8-10m in from the track in working canter.	10
21.	H Btwn G & I I	Half circle right 10m diameter to G. Simple change. Half circle left 10m diameter to R.	10
22.	RMC C	Working canter. Circle left 20m diameter, allow the horse to take the reins and stretch for at least 20m. On returning to C retake the reins. Working canter.	10
23.	S E X	Transition to working trot. Half circle left 10m diameter to X. On the centre line.	10
24.	G	Halt, immobility, salute.	10
Leav	ve the arena a	t walk on a long rein at a suitable place.	
25.		Paces	10
26.		Impulsion	10x2
27.		Co-operation	10x2
28.		Rider position and seat	10x2
			320

All trot work may be executed 'sitting' or 'rising'. It is recommended that all lateral work is executed in sitting trot.

# Approximate time 6 minutes.

#### THE PONY CLUB OPEN DRESSAGE TEST 2020

20m x 40m Arena

18.	G	Halt, immobility, salute.  at walk on a long rein at a suitable place.	10
17.	K D	1/4 pirouette right proceed to D in medium walk.  Turn left onto centre line and transition to working trot.	10
16.	BFA Before K	Free walk on long rein. Medium walk.	10x2
15.	E	Turn left and between X and B direct transition to walk.	10
14.	C Before C	Circle left 20m diameter in working canter allowing the horse to seek the rein and stretch. Retake the rein in working canter.	10
13.	FBM M	Medium canter. Working canter.	10
12.	А	Circle left 15m diameter in working canter.	10
11.	B E	Turn right, over X simple change. Turn left.	10
10.	KEH HCM	Medium canter. Working canter.	10
9.	F A	Working canter right. Circle 15m diameter.	10
8.	H E B	Medium walk. 1/4 pirouette left. Turn right in medium walk.	10
7.	After A	Turn onto the 3/4 line, leg yield right to between B and M $$	10
6.	MXK K	Medium trot. Working trot.	10
5.	М	Circle right 10m diameter in working trot.	10
4.	After A	Turn onto the 3/4 line, leg yield left to between E and H	10
3.	HXF F	Medium trot. Working trot.	10
2.	C H	Turn left. Circle left 10m diameter in working trot.	10
1.	A X	Enter at working trot. Halt, immobility, salute. Proceed at working trot.	10

19.	Paces	10
20.	Impulsion	10x2
21.	Co-operation	10x2
22.	Rider position and seat	10x2
		260

All trot work may be executed 'sitting' or 'rising'. It is recommended that all lateral work is executed in sitting trot.

#### THE PONY CLUB INTERMEDIATE DRESSAGE CHAMPIONSHIP TEST 2023

20mx60m Arena

1.	A	Enter at working trot and proceed down the centreline without halting.	10
	С	Track right.	
2.	B X	Track right. 15m circle right.	10
3.	X E	15m circle left. Track left.	10
4.	V L	Half 10m circle left in sitting trot. Half 10m circle right in sitting trot.	10
5.	PF Over A AV	Working trot. Walk 2-5 steps, proceed in working trot. Working trot.	10
6.	VM	Show some medium trot strides.	10
7.	M Over C	Working trot. Walk 2-5 steps, proceed in working trot.	10
8.	S I	Half 10m circle left to I in sitting trot. Half 10m circle right to R in sitting trot.	10
9.	R B	Working canter. 15m circle right.	10
10.	PK	Change the rein with a change of leg through trot when crossing the centre line.	10
11.	Over A	Give and retake the reins.	10
12.	Btwn F&R R	Show some medium canter strides. Working canter.	10
13.	Btwn R&M PF	Half 15m circle left returning to the track between B and P. Counter canter.	10
14.	F A	Working trot. Medium walk.	10
15.	KR RC	Free walk on a long rein. Medium walk.	10x2
16.	CHE E	Working canter, transition may be progressive. 15m circle left.	10
17.	VF	Change the rein with a change of leg through trot when crossing the centre line.	10
18.	Over A	Give and retake the reins.	10
19.	Btwn K&S S	Show some medium canter strides. Working canter.	10
	·		

20.	Btwn S&H	Half 15m circle right returning to the track between E and V.	10
	VK	Counter canter.	
21.	K	Working trot.	10
	А	20m circle left allowing the horse to take rein and stretch. Just before returning to A retake the reins.	
22.	FL	Working trot.	10
	L	Down centre line.	
	X	Halt, immobility, salute.	
Lea	ve the arena a	t walk on a long rein at a suitable place.	
23.		Paces	10
25.		Impulsion	10x2
25.		Co-operation	10x2
26.		Rider position and seat	10x2
			310

All trot work may be executed 'sitting' or 'rising' unless specified in the test. **Approximate time 5 1/2 minutes.** 

#### THE PONY CLUB INTERMEDIATE DRESSAGE TEST 2024

20m x 40m Arena

1.	Α	Enter in working trot and proceed down the centre line	10
١.	C	without halting.  Track left.	10
2.	E	Circle left 15m.	10
3.	EX	Half 10m circle left to X. Over X walk 2-5 steps.	10
4.	XB	Half 10m circle right in sitting trot.	10
5.	В	Circle right 15m, may be rising.	10
6.	BX	Half 10m circle right to X. Over X walk 2-5 steps.	10
7.	XE	Half 10m circle left in sitting trot.	10
8.	Btwn E & K KAF	Transition to working canter left. Working canter.	10
9.	FBM	Show some medium canter strides.	10
10.	МС	Working canter.	10
11.	C Over X X	Half circle left 20m in diameter to X. Change of leg through trot. Half circle right 20m in diameter to A.	10
12.	AK KEH	Working canter right. Show some medium canter strides.	10
13.	НС	Working canter.	10
14.	C Over X X	Half circle right 20m in diameter to X. Change of leg through trot. Half circle left 20m in diameter to A.	10
15.	AF FBM C	Working canter. One loop 5m in from the track. Working trot.	10
16.	HXF F	Show some medium trot strides. Working trot.	10
17.	A DM M	Down centre line. Show some medium trot strides. Working trot.	10
18.	С	Medium walk.	10
19.	HBF	Free walk on a long rein.	10x2
20.	FAK	Medium walk.	10
21.	KX X	Working trot. Down centre line.	10

23.	Paces	10
24.	Impulsion	10x2
25.	Co-operation	10x2
26.	Rider position and seat	10x2
		300

All trot work to be executed 'sitting' or 'rising'.

#### THE PONY CLUB NOVICE DRESSAGE CHAMPIONSHIP TEST 2025

20m x 40m Arena

1.	А	Enter in working trot.	10
2.	С	Track left.	10
3.	Just before K	Half 15m circle left. Return to track at H.	10
4.	С	Transition to walk 2 - 5 steps, proceed at working trot.	10
5.	Just before F	Half 15m circle right. Return to track at M.	10
6.	С	Transition to walk 2 - 5 steps, proceed at working trot.	10
7.	Е	Commence 20m circle left. Between centre line and B transition to working canter.	10
8.	А	20m circle left. Give and retake the reins over the centre line.	10
9.	Btwn A&F	Transition to trot.	10
10.	М	Medium walk.	10
11.	HXF	Free walk on a long rein.	10x2
12.	F A	Medium walk. Working trot.	10
13.	E	Commence 20m circle right. Between centre line and B transition to working canter.	10
14.	С	20m circle right. Give and retake the reins over the centre line.	10
15.	Btwn C&M	Working trot.	10
16.	KX	Working trot. Proceed down the centre line.	10
17.	G	Halt, immobility, salute.	10
Leav	e the arena at	walk on a long rein at a suitable place.	
18.		Paces	10
19.		Impulsion	10x2
20.		Co-operation	10x2
21.		Rider position and seat	10x2
			250

All trot work to be executed 'sitting' or 'rising'.

# Approximate time 5 minutes.

#### THE PONY CLUB NOVICE DRESSAGE TEST 2020

20m x 40m Arena

А	Enter at working trot and proceed down centre line without halting.	10
С	Turn right.	
М	Working trot.	
В	Turn right and over X transition to walk for 2-5 steps followed by a transition to working trot.	10
E	Turn left.	
А	20m circle in working trot over X give and retake both reins.	10
В	Turn left and over X transition to walk for 2-5 steps followed by a transition to working trot. Turn right.	10
С	20m circle in working trot over X give and retake both reins.	10
M B	Medium walk. Turn right.	10
X A	Half 20m circle left in free walk on a long rein. Medium walk.	10
F Btwn M & C	Working trot. Canter left.	10
C HEK	Circle left 20m diameter in working canter. Working canter.	10
А	Circle left 20m diameter and at X transition to working trot.	10x2
FXH	Change the rein in working trot.	10
Btwn H & C	Working canter right. Circle right 20m diameter.	10
MBF	Working canter.	
А	Circle right 20m diameter and at X transition to working trot.	10
KX	Working trot.	
	C M B E A A B E C C M B A A A A F B twn M & C C C H E K A B T S T S T S T S T S T S T S T S T S T	without halting. C Turn right. M Working trot.  B Turn right and over X transition to walk for 2-5 steps followed by a transition to working trot.  E Turn left.  A 20m circle in working trot over X give and retake both reins.  B Turn left and over X transition to walk for 2-5 steps followed by a transition to working trot.  E Turn right.  C 20m circle in working trot over X give and retake both reins.  M Medium walk. B Turn right.  X Half 20m circle left in free walk on a long rein. A Medium walk.  F Working trot.  Btwn M & C Canter left.  C Circle left 20m diameter in working canter.  HEK Working canter.  A Circle left 20m diameter and at X transition to working trot.  Btwn H & C Working canter right.  C Circle right 20m diameter.  MBF Working canter.  A Circle right 20m diameter and at X transition to working trot.

Leave the arena at walk on a long rein at a suitable place.

15.	Paces	10
16.	Impulsion	10x2
17.	Co-operation	10x2
18.	Rider position and seat	10x2
		220

All trot work may be executed 'sitting' or 'rising'.

#### **PC110 EVENTING CHAMPIONSHIP TEST 2015**

20m x 40m Arena

A	Enter at working trot. Proceed down the centre line without halting.  Turn left	10
		10
SF F	Change the rein in medium trot. Working trot.	10
A D	Turn onto the centre line. Leg yield right to between B and R.	10
M MCH	Transition to working canter left. Working canter.	10
HV VKA	Medium canter. Working canter.	10
A AFP	Circle left 20 metres diameter. Give and retake the reins when crossing the centre line. Working canter.	10
PXS SH H	Change the rein. Counter canter. Transition to working trot.	10
HCMR R	Working trot. Circle right 15 metres diameter.	10
RK K	Change the rein in medium trot. Working trot.	10
A D	Turn onto the centre line. Leg yield left to between E and S.	10
H HCM	Transition to working canter right. Working canter.	10
MP PFA	Medium canter. Working canter.	10
A AKV	Circle right 20 metres diameter. Give and retake the reins when crossing the centre line. Working canter.	10
VXR RM M	Change the rein. Counter canter. Transition to working trot.	10
С	Halt, immobility 3-5 seconds. Proceed in medium walk.	10
HSXPF	Change the rein in free walk on a long rein.	10x2
F A AKV	Medium walk. Transition to working trot. Working trot.	10
	S SF F F A D M MCH HV VKA A A AFP PXS SH H H HCMR R R K K A D HCM A AKV VXR RM M C C HSXPF F A	without halting. C Turn left. S Circle left 15 metres diameter.  SF Change the rein in medium trot. F Working trot.  A Turn onto the centre line. D Leg yield right to between B and R.  M Transition to working canter left.  MCH Working canter.  HV Medium canter.  VKA Working canter.  A Circle left 20 metres diameter. Give and retake the reins when crossing the centre line.  AFP Working canter.  PXS Change the rein. SH Counter canter. H Transition to working trot.  HCMR Working trot. R Circle right 15 metres diameter.  K Working trot.  A Turn onto the centre line. D Leg yield left to between E and S.  H Transition to working canter right.  HCM Working canter.  MP Medium canter. PFA Working canter.  A Circle right 20 metres diameter. Give and retake the reins when crossing the centre line.  A Circle right 20 metres diameter.  Circle right 20 metres diameter. Give and retake the reins when crossing the centre line.  AKV Working canter.  A Circle right 20 metres diameter. Give and retake the reins when crossing the centre line.  AKV Working canter.  C Halt, immobility 3-5 seconds. Proceed in medium walk.  HSXPF Change the rein in free walk on a long rein.  F Medium walk.  Transition to working trot.

19.	VP P	Half circle right 20 metres diameter, allow the horse to seek the rein and stretch. Continue stretching.	10
20.	Before F	Retake the reins. Turn onto the centre line.	10
21.	Х	Halt, immobility, salute.	10
Leav	ve the arena a	at walk on a long rein at a suitable place.	
22.		Paces	10
23.		Impulsion	10x2
24.		Co-operation	10x2
25.		Rider position and seat	10x2
			290

All trot work may be executed 'sitting' or 'rising'.

#### **PC110 EVENTING TEST 2022**

20m x 40m Arena

1.	A C	Enter at working trot and proceed down the centre line without halting.  Turn left.	10
2.	E	Turn left.	10
	В	Turn right.	
3.	А	3 loop serpentine each loop going to the long side of the arena and finishing on the right rein at C.	10
4.	MXK	Change the rein showing a few Medium Trot steps.	10
5.	А	Circle left 15m diameter in working trot.	10
6.	FXH	Change the rein and over X give and retake the reins.	10
7.	С	Circle right 15m diameter in working trot.	10
8.	Btwn C & M	Working canter right.	10
9.	В	Circle right 20m diameter.	10
10.	BFAK	Working canter.	10
11.	KXM	Change the rein and between X & M transition to working trot.	10
12.	Btwn C & H	Working canter left.	10
13.	Е	Circle left 20m diameter in working canter.	10
14.	EKAF	Working canter.	10
15.	FXH	Change the rein with a transition to working trot over X.	10
16.	С	Medium walk.	10
17.	ME	Free walk on a long rein.	10x2
18.	EKA	Medium walk.	10
19.	A FX	Working trot. Working trot.	10
20.	X G	Continue on centre line. Halt and salute.	10
Leav	ve the arena at	free walk on a long rein at a convenient place.	
21.		Paces	10
22.		Impulsion	10x2
23.		Co-operation	10x2
24.		Rider position and seat	10x2
			280
			-

All trot work to be executed 'sitting' or 'rising'.

# Approximate time 5 minutes.

#### **PC100 EVENTING CHAMPIONSHIP TEST 2025**

20m x 60m Arena

1.	А	Enter in working trot. Proceed down the centre line without halting.	10
	С	Track right	
2.	MR R	Working trot. Turn right. Over centre line walk 3 - 5 steps. Proceed in working trot.	10
	S	Turn left.	
3.	E	Circle left 15m.	10
4.	EV V	Working trot. Turn left. Over centre line walk 3 - 5 steps. Proceed in working trot.	10
	Р	Turn right.	
5.	FA A AK	Working trot. Circle right 15m. Working trot.	10
6.	KR RCS	Change the rein and show some medium trot steps. Working trot.	10
7.	SF FAV	Change the rein and show some medium trot strides. Working trot.	10
8.	VH Btwn H&C	Working trot. Transition to working canter.	10
9.	CM MP PA	Working canter. Show some medium canter strides. Working canter.	10
10.	А	Circle right 20m.	10
11.	AKV VXR RMC	Working canter right. Change rein with change of leg through trot over X. Working canter left.	10
12.	CH HV VA	Working canter. Show some medium canter strides. Working canter.	10
13.	А	Circle left 20m.	10
14.	AFP PXS SH	Working canter left. Change rein with change of leg through trot over X. Working canter right.	10
15.	H C	Working trot. Medium walk.	10
16.	RV	Free walk on a long rein.	10x2
17.	KA A	Medium walk. Down the centre line.	10

18.	L Working trot. G Halt, immobility, salute.	10
Lea	ve the arena at walk on a long rein at a suitable place.	,
19.	Paces	10
20.	Impulsion	10x2
21.	Co-operation	10x2
22.	Rider position and seat	10x2
		260

All trot work may be executed 'sitting' or 'rising'.

# Approximate time 5 minutes.

#### **PC100 EVENTING TEST 2015**

20m x 40m Arena

1.	А	Enter at working trot and proceed down centre line without halting.	10
2.	С	Track right and immediately commence a 3 loop serpentine, with each loop going to the sides of the arena, finishing at A on the right rein.	10
3.	AKE E	Working trot. Turn right.	10
4.	Χ	Halt 3-5 seconds, proceed at medium walk.	10
5.	B BMC	Turn left. Medium walk.	10
6.	C HB	Proceed in free walk on a long rein. Change the rein in free walk on a long rein.	10x2
7.	В	Transition to medium walk and before F working trot.	10
8.	FAK K	Working trot. Transition to working canter right.	10
9.	Е	Circle right 20 metres diameter. Give and retake the inside rein when crossing the centre line for the second time.	10
10.	EHCMB	Working canter.	10
11.	Btwn B & F	Transition to working trot.	10
12.	А	Half circle right 20 metres diameter to X.	10
13.	Х	Half circle left 20 metres diameter to C.	10
14.	Н	Transition to working canter left.	10
15.	Е	Circle left 20 metres diameter. Give and retake the inside rein when crossing the centre line for the first time.	10
16.	EKAFB	Working canter.	10
17.	Btwn B & M MCHE	Transition to working trot. Working trot.	10
18.	E X G	Half circle left 10 metres diameter to X. Proceed on the centre line. Halt, immobility, salute.	10

Leave the arena at walk on a long rein at A.

19.	Paces	10
20.	Impulsion	10x2
21.	Co-operation	10x2
22.	Rider position and seat	10x2
		260

All trot work to be executed 'sitting' or 'rising'.

#### **PC90 EVENTING CHAMPIONSHIP TEST 2015**

20m x 40m Arena

1.	А	Enter in working trot and proceed down the centre line without halting.	10
	С	Track left.	
2.	E	Circle left 20m diameter. When crossing the centre line for the second time transition to walk for 2-5 steps proceed in working trot.	10
	EAB	Working trot.	
3.	В	Turn left.	10
	Е	Track right.	
4.	В	Circle right 20m diameter. When crossing the line for the second time transition to walk for 2-5 steps proceed in working trot.	10
5.	Btwn F & A	Working canter right.	10
6.	E	Circle right 20m diameter.	10
7.	Btwn C & M	Working trot.	10
8.	MBAE	Working trot.	10
9.	E B	Turn right. Track left.	10
10.	Btwn M & C	Working canter left.	10
11.	E	Circle left 20m diameter.	10
12.	Btwn A & F	Working trot.	10
13.	Before B	Medium walk.	10
14.	B B	Circle left 20m diameter in free walk on a long rein. Medium walk.	10x2
15.	М	Working trot.	10
16.	E	Half circle 10m diameter to X.	10
	X	Proceed down the centre line.	
17.	G	Halt. Immobility. Salute.	10
Lea	ve the arena at	walk on a long rein at a suitable place.	
18.		Paces	10
19.		Impulsion	10x2
20.		Submission	10x2
21.		Rider position and seat	10x2
			250

All trot work to be executed 'sitting' or 'rising'.

#### **PC90 EVENTING TEST 2025**

20m x 40m Arena

1.	А	Enter in working trot and proceed down the centre line without halting.	10
2.	C E	Track left. Circle left 15m diameter.	10
3.	ВН	Change the rein. Over C walk 3 - 5 steps, continue in working trot.	10
4.	В	Circle right 15m diameter.	10
5.	EM	Change rein. Over C walk 3 - 5 steps, continue in working trot.	10
6.	HEKA	Working trot.	10
7.	Btwn A&F FB	Working canter left. Working canter.	10
8.	В	Circle left 20m diameter.	10
9.	ВМСН	Working canter.	10
10.	HXF	Change rein with transition to working trot between X&F.	10
11.	Btwn A&K KE	Working canter right. Working canter.	10
12.	E	Circle right 20m diameter.	10
13.	EHCM	Working canter.	10
14.	MXK	Change rein with transition to working trot between X&K.	10
15.	A FXM	Medium walk. 10m loop in free walk on a long rein.	10x2
16.	МСН	Medium walk.	10
17.	H EX	Working trot. Half circle 10m, continue down centre line.	10
18.	G	Halt, immobility, salute.	10
Leav	ve the arena	at walk on a long rein at a suitable place.	
19.		Paces	10
20.		Impulsion	10x2
21.		Co-operation	10x2
22.		Rider position and seat	10x2

All trot work to be executed 'sitting' or 'rising'.

#### PRELIMINARY PC70 DRESSAGE TEST 2022

20m x 40m Arena

1.	А	Enter at working trot and proceed down the centre line without halting.	10
	С	Turn right.	
2.	MBF	Working trot.	10
3.	А	Circle right 20m diameter in working trot.	10
4.	KXM	Change the rein in working trot.	10
5.	С	Circle left 20m diameter in working trot.	10
6.	H HX	Medium walk. Medium walk.	10
7.	XF Btwn F & A	Free walk on a long rein. Medium walk.	10x2
8.	K	Working trot.	10
9.	E	Circle right 20m diameter and on the second half of the circle working canter right.	10
10.	EHCMB	Working canter.	10
11.	Btwn B & F	Working trot.	10
12.	KXM	Change the rein in working trot.	10
13.	Е	Circle left 20m diameter and on the second half of the circle working canter left.	10
14.	EKAFB	Working canter.	10
15.	Btwn B & M	Working trot.	10
16.	Е	Half circle 10m to X	10
17.	G	Halt and salute. The halt may be progressive through walk.	10
Leav	ve the arena at	free walk on a long rein at a convenient place.	
18.		Fluency of the transitions.	10
19.		Harmony between rider and pony.	10x2
20.		Rider's balance, straightness and suppleness.	10x2
21.		Rider's influence over the pony's way of going.	10x2
			250

All trot work to be executed 'sitting' or 'rising'.

# Approximate time 5 minutes.

#### **GRASSROOTS PC80 CHAMPIONSHIP TEST 2024**

20m x 40m Arena

1.	А	Enter in working trot and proceed down the centre line without halting.	10
	С	Track left.	
2.	HXF FAK	Change the rein. Working trot.	10
3.	KXM MC	Change the rein. Working trot.	10
4.	CX	Half 20m circle left in working trot.	10
5.	Over X	Walk 2-5 steps and proceed in working trot.	10
6.	XA	Half 20m circle right in working trot.	10
7.	А	3 loop serpentine, each loop touching the side of the arena, finishing at C on the right rein.	10
8.	CX	Half 20m circle right in working trot.	10
9.	Over X	Walk 2-5 steps and proceed in working trot.	10
10.	XA	Half 20m circle left in working trot.	10
11.	Btwn A & F	Working canter left.	10
12.	ВМСНЕ	Working canter left.	10
13.	Е	20m circle left.	10
14.	EF	Change the rein, transition to working trot when crossing the centre line.	10
15.	Btwn A & K	Working canter right.	10
16.	E	20m circle right.	10
17.	EM	Change the rein, transition to working trot when crossing the centre line.	10
18.	МСН	Medium walk.	10
19.	HXF	Free walk on a long rein.	10
20.	F A X	Medium walk. Down centre line. Halt. Immobility. Salute.	10
Leav	e arena at wa	lk on a long rein at a suitable place.	
21.		Paces	10
22.		Impulsion	10
23.		Submission	10
24.		Rider position and seat	10x2
			250

All trot work may be executed 'sitting' or 'rising'.

#### **GRASSROOTS PC80 DRESSAGE TEST 2018**

20m x 40m Arena

1.	А	Enter in working trot and proceed down the centre line without halting.	10
2.	С	Track right.	10
3.	ME	Change the rein.	10
4.	А	Circle left 20m in working trot.	10
5.	FE	Change the rein.	10
6.	С	Circle right 20m in working trot.	10
7.	Btwn C & M	Medium walk.	10
8.	MXK	Free walk on a long rein. Just before K medium walk.	10
9.	Btwn K & A	Working trot.	10
10.	А	Circle left 20m and after crossing the centre line and before A working canter left.	10
11.	В	Circle left 20m and on the second half of the circle working trot.	10
12.	MCH	Working trot.	10
13.	HXF	Change the rein in working trot.	10
14.	Α	Circle right 20m and after crossing the centre line and before A working canter right.	10
15.	E	Circle right 20m in working canter and on the second half of the circle working trot.	10
16.	НС	Working trot.	10
17.	М	Medium walk.	10
18.	В	Half circle 10m to X.	10
19.	G	Halt. Immobility. Salute.	10
Leav	ve arena at wal	k on a long rein at a suitable place.	
20.		Paces	10
21.		Impulsion	10
22.		Co-operation	10
23.		Rider position and seat	10x2
			240

All trot work may be executed 'sitting' or 'rising'.

#### THE PONY CLUB INTRODUCTION TO DRESSAGE TEST 2019

20m x 40m Arena

1.	А	Enter in working trot and proceed down the centre line without halting.	10
2.	C B	Turn right in working trot. Turn right, between X and E transition to medium walk.	10
3.	E K	Turn left in medium walk. Transition to working trot.	10
4.	В	Circle left 20m diameter and on second half of circle transition to working canter left.	10
5.	МСН	Working canter, between E and K transition to working trot.	10
6.	А	Medium walk.	10
7.	FX	Free walk on a long rein.	10x2
8.	Btwn X & H C	Medium walk. Working trot.	10
9.	В	Circle 20m diameter and on second half of circle transition to working canter right.	10
10.	FAK Btwn E & H	Working canter. Transition to working trot.	10
11.	MXK A	Change the rein in working trot. Down centre line.	10
12.	Btwn X & G	Halt and salute.	10
Lea	ve arena at wa	lk on a long rein at a suitable place.	
13.		Paces	10
14.		Impulsion	10x2
15.		Co-operation	10x2
16.		Rider position and seat	10x2
			200

All trot work may be executed 'sitting' or 'rising'.

### THE PONY CLUB OPEN FREESTYLE DRESSAGE TO MUSIC 2023

20m x 60m Arena

Techni	cal Marks	
1.	Medium walk (minimum of 20 metres)	10
2.	Show extended walk	10
3.	Working trot right	10
4.	Working trot left	10
5.	10m circle right in trot	10
6.	10m circle left in trot	10
7.	Leg yield left in trot	10
8.	Leg yield right in trot	10
9.	Medium trot	10
10.	Working canter right	10
11.	Working canter left	10
12.	15m circle right in canter	10
13.	15m circle left in canter	10
14.	Medium canter	10
15.	Simple change right to left	10
16.	Simple change left to right	10
17.	Halt at the beginning and end of the test	10
18.	Fluency of transitions	10
	Total for technical	180
Artistic	: Marks	
19.	Rhythm, energy and elasticity of horse	10x2
20.	Harmony between rider and horse	10x2
21.	Pattern and content of programme. Inventive use of arena	10x2
22.	Suitability and interpretation of music	10x2
	Total for artistic	80
	Final total	260

All trot work may be executed 'sitting' or 'rising'.

The test may not contain movements above the standard of The Pony Club Open Dressage Championship Test. If included marks may be deducted.

### THE PONY CLUB INTERMEDIATE FREESTYLE DRESSAGE TO MUSIC 2023

20m x 60m Arena

Techni	cal Marks	-
1.	Free walk (minimum of 20 metres)	10
2.	Medium walk (minimum of 20 metres)	10
3.	Working trot right	10
4.	Working trot left	10
5.	Some medium trot strides	10
6.	15m circle right in trot	10
7.	15m circle left in trot	10
8.	Working canter right	10
9.	Working canter left	10
10.	20m circle right in canter	10
11.	20m circle left in canter	10
12.	Halt at the beginning and end of the test	10
13.	Fluency of transitions	10
	Total for technical	130
Artistic	: Marks	
14.	Rhythm, energy and elasticity of horse	10x2
15.	Harmony between rider and horse	10x2
16.	Pattern and content of programme. Inventive use of arena	10x2
17.	Suitability and interpretation of music	10x2
	Total for artistic	80
	Final total	210

All trot work may be executed 'sitting' or 'rising'.

The test may not contain movements above the standard of The Pony Club Intermediate Dressage Championship Test. If included marks may be deducted.

### THE PONY CLUB NOVICE FREESTYLE DRESSAGE TO MUSIC 2023

20 x 60m Arena

Techni	cal Marks	
1.	Free walk (minimum of 20 metres)	10
2.	Medium walk (minimum of 20 metres)	10
3.	Working trot right	10
4.	Working trot left	10
5.	20m circle right in trot	10
6.	20m circle left in trot	10
7.	Working canter right	10
8.	Working canter left	10
9.	20m circle right in canter	10
10.	20m circle left in canter	10
11.	Give and retake one rein (rider's choice of rein)	10
12.	Halt at the beginning and end of the test	10
13.	Fluency of transitions	10
	Total for technical	130
Artistic	: Marks	
14.	Rhythm, energy and elasticity of horse	10x2
15.	Harmony between rider and horse	10x2
16.	Pattern and content of programme. Inventive use of arena	10x2
17.	Suitability and interpretation of music	10x2
	Total for artistic	80
	Final total	210

All trot work may be executed 'sitting' or 'rising'.

The test may not contain movements above the standard of The Pony Club Novice Dressage Championship Test. If included marks may be deducted.

### THE PONY CLUB PAIRS FREESTYLE DRESSAGE TO MUSIC 2023

20m x 60m Arena

	IMI	
rechnic	cal Marks	
1.	Free walk (minimum of 20 metres)	10
2.	Medium walk (minimum of 20 metres)	10
3.	Working trot right	10
4.	Working trot left	10
5.	Working canter right	10
6.	Working canter left	10
7.	Halt at the beginning and end of the test	10
8.	Fluency of transitions	10
	Total for technical	80
Artistic	: Marks	
9.	Rhythm, energy and elasticity of horse	10
10.	Harmony between rider and horse	10
11.	Pattern and content of programme. Inventive use of arena	10x2
12.	Suitability and interpretation of music	10x2
13.	Compatibility of horses/ponies. Ability to keep together as a pair and ride together when apart	10x2
	Total for artistic	80
	Final total	160

All trot work may be executed 'sitting' or 'rising'.

The test may not contain movements above the standard of The Pony Club Open Dressage Championship Test. If included marks may be deducted.

# RULES FOR ALL PONY CLUB FREESTYLE DRESSAGE TO MUSIC COMPETITIONS

To be run in accordance with Pony Club Dressage rules.

- 1. Open to all current Members of The Pony Club. See competition schedule for specific rules for eligibility. There shall be no height limit.
- **2.** Competitions should be run in a 20x60m arena.
- **3.** The test may be performed in any sequence, but must show the movements shown on the test sheet. There must be a halt at the beginning and end of the test on the centre line facing the judge.
- **4.** When ponies/horses compete as a pair they may separate during the test but the majority of the test should be ridden together as a pair.
- **5.** The test may not contain movements above the standard of The Pony Club Dressage test indicated on the test sheet. If included marks may be deducted
- **6.** The test should not be of more than 5 1/2 minutes duration. The time is taken from the exact moment when the pony(ies)/horse(s) move(s) forward from halt at the beginning. The test finishes with a halt and salute anywhere on the centre line.
- 7. The music may start either before the entry at 'A' or after the first halt and shall be provided by competitors on their own CDs or tapes containing only the music for this particular competition. It is recommended that a second CD or tape is kept by the competitor to act as a backup. Competitors need to be aware that some CDRW discs cannot be read by all CD players so it is advisable to use CDR discs.
- **8.** Failure to complete the test in the allotted time will not incur time faults but may be taken into consideration when marking the 'Artistic Marks'
- **9.** There are no errors of course and the bell must not be rung should a rider make an obvious mistake but points may be deducted under 'Artistic Marks'
- **10.** The test should be interesting and pleasing to watch.
- 11. In the case of a technical failure which interferes with the

competition, the judge at C will ring the bell. In the case of the rider's music failing, skipping or jumping during a test, the rider may make one request to restart or the judge can suggest that they restart. When possible, the restart should be immediate but if not the rider should return to complete or restart their test during a scheduled break or at the end of the competition. During extreme weather conditions or other extreme situations, the judge at C may ring the bell for interruption of the test. The rider should return to complete their test when conditions permit. It is up to the rider whether to restart the test from the beginning or to commence from the point the music failed. In either case, the marks already given to the point.

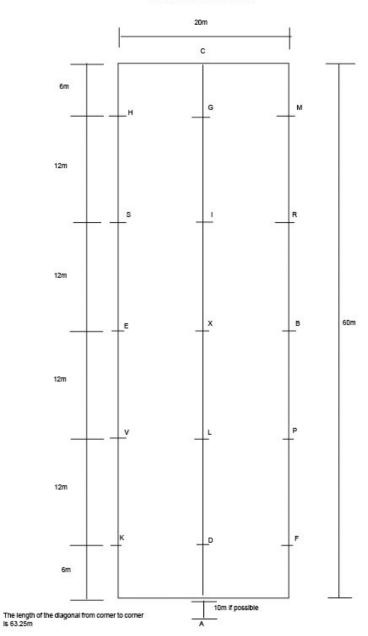
## **APPENDICES**

### **APPENDIX A - ARENA DIAGRAMS**

# DIAGRAM OF 20 x 40m ARENA С <u>6</u> H-G - M 14m 40m Ε-· X В 20m K -D F Α

The length of the diagonal from corner to corner is 44.72m

### DIAGRAM OF 20 x 60m ARENA



### APPENDIX B - BODY PROTECTOR RULE

A body protector is compulsory for all Pony Club Cross Country riding (including Arena Eventing) and Pony Racing activities whether it be training or competition. A body protector for these activities must meet BETA 2018 Level 3 Standard (blue and black label).

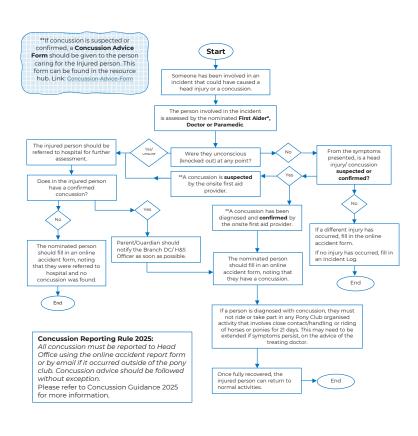
For general use, the responsibility for choosing body protectors and the decision as to their use must rest with Members and their parents. It is recommended that a rider's body protector should not be more than 2% of their body weight. When worn, body protectors must fit correctly, be comfortable and must not restrict movement. BETA recommends body protectors are replaced at least every three to five years, after which the impact absorption properties of the foam may have started to decline.



### **Air Jackets**

If a rider chooses to wear an air jacket in Cross country or Pony Racing, it must only be used in addition with a normal body protector which meets BETA 2018 Level 3 standard (blue and black label). Parents and Members must be aware that riders may be permitted to continue after a fall in both competitions and training rides for Cross Country and / or Pony Racing if the First Aid provider has no concerns about their welfare. In the event of a fall, an air jacket must be fully deflated or removed before continuing, the conventional body protector must continue to be worn. Air jackets must not be worn under a jacket. Number bibs should be fitted over the air jacket loosely or with elasticised fastenings.

### APPENDIX C - HEAD INJURY AND CONCUSSION FLOWCHART



\* If concussion is diagnosed by a first aider, this diagnosis can only be overruled by a doctor and letter evidence will be required.

If you need any advice or support, please contact the Safety Team Safety@PCUK.org

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## The Pony Club

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