

## Pony Racing Train the Trainers 2025

The David Broome Event Centre

23<sup>rd</sup> April 2025



Train the Trainers CPD is for experienced and confident coaches who are coaching or are keen to coach Pony Racing. The CPD is aimed at Accredited Pony Club coaches who wish to develop their knowledge of Pony Racing, as well as PRA Pony Racing coaches, RSDP coaches, Jockey and Rider coaches.

It is expected that all those attending the session have the intention of using the skills learnt on the day to develop Pony Racing in Pony Club Branches/Centres and/or with the Pony Racing Authority.

The Train the Trainers CPD includes the following sessions:

- An introduction to Pony Racing within The Pony Club and The Pony Racing Authority and the opportunities available to riders
- How The Pony Club, Pony Racing Authority, Racing to School and Careers in Racing work together in the Pathway into Racing through Pony Racing
- The tack, rider PPE and equipment, vaccinations and entry qualifications required for Pony Racing
- A demonstration of unmounted activities that can be taught to improve fitness, balance and technique
- Working with riders on a simulator/Equicisor to teach and improve technique
- Coaching a group of riders in an arena and on the gallops
- An update on changes within the sport
- Sharing good practice

### Timetable (approximate)

<b>Time</b>	<b>Activity</b>
From 10:00	Arrival and Registration
10:30	Introduction to Pony Racing
11:15	Simulator/Equicisor and Balance & Fitness sessions
12:45	Lunch (provided) & chat
13:30	Tack & Equipment
14:00 – 15:30	Observe riders mounted in the arena
15:30	Debrief
16:00	Finish