

Dyscalculia is a lifelong neurodevelopmental learning disorder that affects the ability to understand and process number-based information. Dyscalculia can also affect the way information is processed, which can mean people also have difficulty with memory, speed of thinking, organisation and sequencing.

## People with Dyscalculia may:

- Find coordination harder and struggle with spatial awareness.
- Take longer to process information especially when asked questions or instructions.
- Find it hard to name, order or compare physical quantities and numbers.
- Struggle with 'simple' mathematical tasks.
- Have difficulty interpreting charts or measurements.
- Reverse numbers e.g. 117 read as 171.
- Struggle to tell the time, time management, and lack an awareness of time passing

## In Pony Club this may look like:

- Difficulty remembering sequences such as footfalls or Show Jumping courses.
- Finding it hard to understand the quantity of a number, for example knowing the size of a 20m circle.
- Finding it hard to read charts and measurements.

## Did you know...

Lawrence Guy – Super Bowl LIII winning NFL player has Dyscalculia!

## How can we support Members?

- Be patient and don't judge.
- Ask the parent, carer or the child, (if appropriate), what works best for them and how they like to be supported.
- Demonstrate exercises or give pictures to show them what to do instead of verbal or written descriptions.
- Break complex movements down into smaller parts for example, movements in a Dressage test.
- Remove any unnecessary figures from resources.
- Use visuals as much as possible.

