

Dyslexia is a learning disorder that affects reading, writing and information processing. This doesn't mean people with Dyslexia are not clever; it means their brain works in a different way.

People with Dyslexia may:

- Be slower to complete tasks that involve reading and writing.
- Take longer to process information especially when asked questions or instructions.
- Mix up left and right.
- Be really good at drawing or creative tasks.

In Pony Club this may look like:

- Getting confused with directional instructions.
- Remembering instructions and recalling them in the correct sequence difficult, for example, remembering a dressage test or show jumping course.
- Taking longer to process information and answer questions.
- Struggling to focus on an exercise or task.
- Feeling upset if things feel too hard or different.
- Finding it difficult to spell and read; for example Connemara, Skewbald, rhythm.

How can we support Members?

- Be patient and don't judge.
- Ask the parent, carer or the child, (if appropriate), what works best for them and how they like to be supported.
- Keep questions short, be willing to rephrase questions and give time for Members to answer.
- Use clear language when giving instructions.
- Read written information during stable management activities.
- Consider the printing of written resources and check with Members on their preference.

